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Dexamethasone-loaded poly(ε-caprolactone)/silica nanoparticles composites prepared by supercritical CO2 foaming/mixing and deposition

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ABSTRACT

A supercritical carbon dioxide (scCO2)-assisted foaming/mixing method (SFM) was implemented for preparing dexamethasone (DXMT)-loaded poly(ε-caprolactone)/silica nanoparticles (PCL/SNPs) composite materials suitable for bone regeneration. The composites were prepared from PCL and mesoporous SNPs (MCM-41/SBA-15) by means of scCO2-assisted SFM at several operational pressures, processing times and depressurization conditions. DXMT was loaded into SNPs (applying a scCO2 solvent impregnation/deposition method – SSID) and into PCL/SNPs composites (using the SFM method). The effects of the employed operational and compositional variables on the physicochemical and morphological features as well as in the in vitro release profiles of DXMT were analyzed in detail. This work demonstrates that the above-referred scCO2-based methods can be very useful for the preparation of DXMT-loaded PCL/SNPs composites with tunable physicochemical, thermomechanical, morphological and drug release properties and suitable for hard-tissue regeneration applications.

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1. Introduction

Tissue engineering (TE) involves the use of cells and biomaterials/scaffolds in order to repair, to regenerate or even to replace a lost function of a tissue and/or organ. Moreover and for the success of these approaches, scaffolds should also have the ability to carry and release (in a temporal- and in a 3D-controlled way) some specific biological and/or synthetic bioactive substances that are beneficial for the involved biological processes (Burg et al., 2000; Harrison, 2007; Tabata, 2005). TE scaffolds and their component biomaterials should satisfy a wide range of requirements, namely in terms of biocompatibility/toxicity, surface chemistry/morphology, porosity and pore morphology/interconnectivity, mechanical properties, degradation and bio-absorption rates and replacement rate of scaffolds by neo-tissues. Other relevant aspects include acceptable shelf-lives, as well as sterilization, processability and cost-effective industrial production. In addition, issues regarding drug loading capacity, distribution (homogeneous, heterogeneous, superficial or in discrete areas), release kinetics, binding affinity and stability of the drug should be satisfied (Harrison, 2007; Liu et al., 2008; Sachios and Czernuszka, 2003; Salgado et al., 2004). The preparation of 3D scaffolds able to fulfill the above-referred requirements can be carried out applying several, well known techniques. Most of these methods make use of dangerous/toxic solvents/chemicals (that must be removed by additional extraction/purification steps) or of other harsh processing conditions (e.g. high temperature and extreme pH) that may promote the chemical/thermal degradation of the involved substances, namely of labile biopolymers, drugs, proteins or growth factors (Burg et al., 2000; Harrison, 2007; Liu et al., 2008; Reverchon and Cardea, 2012; Sachios and Czernuszka, 2003; Salgado et al., 2004; Tai et al., 2007a).

Alternative methods based on supercritical fluids (SCFs), and namely on supercritical carbon dioxide (scCO2), are known to be viable routes to overcome some of the above-mentioned problems. SCFs present unique (and tunable) properties that allow their application as solvents, anti-solvents or solutes in pharmaceutical and biomedical fields. scCO2 has been widely employed to micronize bioactive substances and biocompatible polymers; to
prepare cyclodextrin-based drug-inclusion complexes; to encapsulate, impregnate or deposit bioactive substances into solid matrices (polymeric/ceramic/composite); and as a morphological, porogenic, foaming, viscosity reducer or a plasticizer agent in polymer/composite processing (Braga et al., 2011; Dash and Konkimalla, 2012; Elvassore and Kikic, 2001; Fleming and Kazarian, 2005; Jenkins et al., 2006; Kazarian, 2000; Kiran, 2009; Kikic and Vecchione, 2003; Banchero and Manna, 2012; Natu et al., 2008; Reverchon and Cardea, 2012; Shieh et al., 2009; Subramaniam et al., 1997; Tai et al., 2007a, 2007b; Xu et al., 2004).

In the particular case of polymeric or polymer/ceramic composite scaffolds for hard tissue applications, specific pore morphologies and incorporation/mixture of additives may be achieved by employing the so-called scCO2-assisted foaming/mixing method (SFM). At certain pressure and temperature conditions, scCO2 can be absorbed (as a solute) in relatively high amounts by amorphous and semi-crystalline polymers, leading to their plasticization and even to the formation of polymer melts (Davies et al., 2008; Fanovich and Jaeger, 2012; Howdle et al., 2001; Jenkins et al., 2006; Kiran et al., 2008; Kiran, 2009; Mooney et al., 1996; Tsivintzelis et al., 2007). Polymers in this liquid-like rubbery state may be homogeneous or heterogeneous mixed with other liquid/solid substances such as bioactive molecules or ceramic powders (Collins et al., 2008; Dash and Konkimalla, 2012; Fanovich and Jaeger, 2012; Fleming and Kazarian, 2005; Jenkins et al., 2006; Kiran, 2009; Léonard et al., 2008; Shieh and Yang, 2005; Shieh et al., 2009; Tai et al., 2007a, 2007b; Xu et al., 2004). Upon depressurization, the supersaturation of the polymer phase by CO2 leads to the formation of porous polymeric foams as the initially trapped gas leaves the polymeric phase. The nucleation stage mostly involves the assembly of CO2 molecules, with concurrent homogeneous and heterogeneous nucleation mechanisms occurring upon the phase separation of the polymer–CO2 solution (Jenkins et al., 2006; Léonard et al., 2008; Tsivintzelis et al., 2007). These processes can be controlled by varying the depressurization rate and the amount of absorbed CO2 by changing the operational temperature and pressure conditions (Collins et al., 2008). The presence of dispersed inorganic particles may affect the polymer–scCO2 interactions and favor heterogeneous nucleation (thus acting as nucleation sites). This usually leads to the formation of smaller pores and to narrow pore size distribution (Collins et al., 2008, 2010; Jenkins et al., 2006; Léonard et al., 2008; Shieh et al., 2009; Tsimpiriakasi et al., 2011). scCO2-assisted impregnation/deposition method (SSID) is another advantageous method for precise incorporation of bioactive substances into polymeric, inorganic and composite materials in a short time and without the presence of harmful solvent residues (Ahern et al., 2012; Braga et al., 2011; Belhadj-Ahmed et al., 2009; Kazarian, 2000; Kikic and Vecchione, 2003; López-Periago et al., 2009; Natu et al., 2008). SSID permits to load previously prepared biomaterials (or even biomedical articles/devices) with the desired bioactive substances without interfering with any of the required synthesis/processing methods (Braga et al., 2008; Costa et al., 2010a, 2010b; Masmoudi et al., 2011; Yañez et al., 2011). Poly(ε-caprolactone) (pellets, 40 000 ≤ Mw ≤ 50 000 g mol−1, 48 000 ≤ Mw ≤ 90 000 g mol−1), dexamethasone ( DXMT, purity ≥ 98%), methanol (purity ≥ 99%), acetone (purity ≥ 99%) and MCM-41 mesoporous silica nanoparticles (SNPs) (hexagonal; pore volume: 0.98 cm3 g−1; pore sizes: 2.3–2.7 nm; surface area: 1000 m2 g−1; bulk density: 0.34 g cm−3) were supplied by Sigma–Aldrich. SBA-15 SNPs were provided by ClaytecInc (average pore size: 8.5 nm; pore volume: 0.93 cm3 g−1; surface area: 718 m2 g−1). CO2 was obtained from Praxair (purity ≥ 99.998%). Purified water (MilliQ, Millipore, resistivity >18 MΩ cm) was obtained by reverse osmosis. Dialysis membranes (8000 g mol−1 cut-off) were supplied by Spectrum Laboratories.

2. Materials and methods

2.1. Chemicals

Poly(ε-caprolactone) (pellets, 40 000 ≤ Mw ≤ 50 000 g mol−1, 48 000 ≤ Mw ≤ 90 000 g mol−1), dexamethasone (DXMT, purity ≥ 98%), methanol (purity ≥ 99%), acetone (purity ≥ 99%) and MCM-41 mesoporous silica nanoparticles (SNPs) (hexagonal; pore volume: 0.98 cm3 g−1; pore sizes: 2.3–2.7 nm; surface area: 1000 m2 g−1; bulk density: 0.34 g cm−3) were supplied by Sigma–Aldrich. SBA-15 SNPs were provided by ClaytecInc (average pore size: 8.5 nm; pore volume: 0.93 cm3 g−1; surface area: 718 m2 g−1). CO2 was obtained from Praxair (purity ≥ 99.998%). Purified water (MilliQ, Millipore, resistivity >18 MΩ cm) was obtained by reverse osmosis. Dialysis membranes (8000 g mol−1 cut-off) were supplied by Spectrum Laboratories.

2.2. Preparation of PCL powders

In order to facilitate the physical mixture of PCL with SNPs, PCL pellets were firstly dissolved in acetone (0.0625 g ml−1) and later precipitated with methanol (10 ml) and water (10 ml). PCL precipitates were filtered and dried at room temperature until constant weight. Dried PCL powders were mechanically sieved (US Mesh No. 35, sieve size 0.5 mm) down to particle diameters smaller than 500 μm.

2.3. Dexamethasone loading into SNPs

DXMT was loaded into MCM-41 and SBA-15 SNPs applying a scCO2 impregnation/deposition method (SSID), using a discontinuous apparatus previously reported (Braga et al., 2011; Costa et al., 2010a, 2010b; Dias et al., 2011; Natu et al., 2008). SNPs (16 mg) were placed inside four sealed dialysis membranes which
were introduced in a high pressure cell placed in a temperature-controlled water bath. The cell was loaded with 9 mg of DXMT (i.e., an amount 8–9 times greater than that needed to saturate scCO₂ under the operational conditions (Chim et al., 2012)) and CO₂ was then introduced. Experiments were performed under magnetic stirring (700 rpm) at 35 °C and at 14.0 MPa or 25.0 MPa (which corresponds to scCO₂ densities of 0.801 g cm⁻³ and 0.901 g cm⁻³, respectively) (NIST, 2013). After processing periods of 2 and 14 h, the compressed fluid was removed at 0.2 dm³ min⁻¹. Drug-loaded samples were taken out the dialysis membranes and stored in a desiccator (away from light) until further processing or analysis. All assays were performed in triplicate.

Conventional drug loading was performed, in triplicate, by immersion of MCM-41 and SBA-15 SNPs (100 mg) in 10 ml of a DXMT aqueous solution (26 μg ml⁻¹) and kept under stirring (at 100 rpm and 37 °C) for 8 h. Drug loading was followed by monitoring the decrease in the DXMT concentration in the solution (UV–vis spectrophotometry, Jasco, Model V650, Japan) for 8 h.

2.4. scCO₂-assisted foaming/mixing (SFM) experiments

SFM experiments were performed, in duplicate, in the same apparatus as for the SSID experiments at pressure and temperature chosen based on previous results (Léonard et al., 2008; Shieh et al., 2009; Xu et al., 2004) and taking in consideration the scCO₂ densities at those conditions (NIST, 2013). A schematic diagram of the experimental set-up is presented in Fig. 1(A). Prior to experiments, pre-determined amounts of PCL and MCM-41 SNPs were physically mixed in 10 ml glass vials at 70:30 and 90:10 wt%. Inner diameter of glass vials was 1.7 cm). Total sample weight was ~1.5 g. Each vial containing a solid mixture was introduced into the high pressure cell which was subsequently sealed, heated up to 35 °C and filled with CO₂ up to 14.0 MPa or 25.0 MPa (0.801 g cm⁻³ and 0.901 g cm⁻³, respectively). Magnetic stirring (700 rpm) was used to help the homogenization of the scCO₂ phase. After a predetermined processing time (2 and 14 h), the high pressure cell was depressurized down to atmospheric pressure at a fixed flow rate of 0.2 dm³ min⁻¹ or 3.0 dm³ min⁻¹. Control samples (pure PCL, 100:0 wt%) were also processed at the above referred conditions. After processing, all samples were removed from glass vials, transferred to falcon tubes and stored in a desiccator away from light.

In other experiments, previously DXMT-loaded MCM-41 and SBA-15 SNPs (by SSID) were mixed with pure PCL (70:30 and 90:10 wt%, PCL:SNPs). Total sample weight was ~300 mg. In addition, ~6 mg of DXMT (2 wt%) were added to the mixture. Samples were then processed by the SFM method at 35 °C and 14.0 MPa or 25.0 MPa for 14 h, and employing a depressurization rate of 0.2 dm³ min⁻¹. PCL:DXMT 98:2 wt% physical mixtures (without adding SNPs) were also processed. A schematic representation of the different phases of the SFM process is presented in Fig. 1(B). All SFM-processed samples presented a cylindrical geometry, with a diameter of 1.7 cm. Before processing, solid mixtures heights were approximately 1.5 cm. However after the SFM-processing, their heights varied between 1.2 and 2.1 cm (depending on the specific employed operational conditions and initial powder mixture compositions).

2.5. Drug release experiments and kinetic analysis

DXMT release assays from samples prepared using scCO₂-based methods (by SSID and SFM) were performed in duplicate in water, by placing 15 mg of sample (particles or disks 2.0 mm thickness x 5.5 mm diameter) inside dialysis membranes. At predetermined time intervals, an aliquot (3 ml) of the release media was analyzed by UV–vis spectrophotometry at 242 nm (Jasco, model V650, Japan). For DXMT-loaded SNPs, the release media was replaced every 24 h. After 72 h of release, samples were leached out in water (until no drug could be detected) and analyzed for the DXMT quantification. In the case of DXMT-loaded PCL and DXMT-loaded PCL/SNPs composites, drug release was followed for one week.

![Fig. 1. The SFM process. Schematic diagram of the experimental set-up (A): Schematic representation of the occurring phases during the SFM process (B).]
3.1.1. The release profiles were analyzed, as for related systems (Braga et al., 2008; Dias et al., 2011; Natu et al., 2008; Yahez et al., 2011) using the Korsmeyer–Peppas model (Siepmann and Peppas, 2001; Siepmann and Siepmann, 2011):

$$\frac{M_t}{M_\infty} = k t^n$$

where $M_t$ and $M_\infty$ represent the cumulative amount of drug released at time $t$ and at infinite time, respectively; $k$ is a pseudo kinetic constant that incorporates the structural and geometric characteristics of the system; and $n$ is the release exponent, which can provide some information about the involved release mechanisms.

2.6. Chemical and physical characterization

Non-processed and processed samples were characterized by means of Fourier-transform infra-red spectroscopy (FTIR-ATR), light scattering, X-ray diffraction (XRD), simultaneous differential thermal analysis (SDT), nitrogen adsorption, mercury intrusion porosimetry, helium pycnometry, mechanical compression tests and scanning electron microscopy (using image analysis of backscattered electrons (SEM-BSE)). Detailed descriptions on these assays and procedures are presented in Supplementary data, Appendix A.

3. Results and discussion

3.1. Composite characterization

3.1.1. SNPs particle sizes and particle size distributions

Two commercial mesoporous SNPs were used to prepare sponge-like composites with PCL: namely MCM-41 SNPs with diameters in the 3–2000 μm range (bimodal distribution; $d_{50} = 84.5 \pm 5.6 \, \mu m$; $d_{90} = 1167.0 \pm 58.4 \, \mu m$), and SBA-15 SNPs with sizes in the 3–200 μm range (unimodal distribution; $d_{50} = 34.9 \pm 0.4 \, \mu m$; $d_{90} = 83.4 \pm 0.9 \, \mu m$).

3.1.2. Fourier-transform infra-red spectroscopy (FTIR-ATR)

The presence of both components was confirmed by FTIR-ATR (Fig. 2). The characteristic PCL crystalline phase peaks appeared at 1727 cm$^{-1}$ (carbonyl group stretching) and 1293 cm$^{-1}$ (C–O and C–C stretching) (Elzubair et al., 2006; Elzein et al., 2004; Kweon et al., 2003), and those of the mesoporous/amorphous silica (MCM-41) at 1090 and 1223 cm$^{-1}$ due to the Si–O asymmetric stretching and at 800 cm$^{-1}$ because of Si–O symmetric stretching (Fidalgo and Ilharco, 2001; Prakash et al., 1995). In the 70:30 wt% PCL/MCM-41 composites, the peaks of both components were seen. In the case of 90:10 wt% PCL/MCM-41 composites, the peaks of mesoporous/amorphous silica could not be distinguished, because of the low proportion of MCM-41 SNPs and their dispersion into the PCL matrix. Nevertheless, the presence of MCM-41 SNPs was confirmed by SEM-EDX for all prepared PCL/MCM-41 composites (Supplementary data, Appendix B, Fig. S1-1). As expected, no apparent chemical modifications were observed in PCL after SFM.

3.1.3. Thermal analyses (SDT)

Thermogravimetric analysis (SDT) of 70:30 wt% PCL/MCM-41 samples (processed at all experimental conditions) showed a total weight loss of 68–74% at 700 °C (Supplementary data, Appendix C, Table S1-1). For 90:10 wt% PCL/MCM-41 samples and processed pure PCL, the weight losses were 87–95% and 99.0–99.8%, respectively. Therefore, the SFM method led to PCL/MCM-41 composites that matched the feed compositions. SDT runs (Fig. 3 and Supplementary data, Appendix C, Table S1-1) also showed double melting peaks (or one main melting peak with a shoulder) for all analyzed samples containing PCL (before and after SFM processing), which means that they underwent a crystallization process (during pellet production by manufacturer, during the initial PCL powder preparation, and during the SFM process – at all conditions) (Kiran et al., 2008). While the supplier reports PCL melting temperature value in the 56–64 °C range, the obtained SDT results indicated slightly higher values (~67–68°C). By contrast, the SFM processing seems to lower the PCL melting temperature (~65 °C), particularly for the higher processing pressure (25 MPa), which suggests that the employed process decreased PCL crystallinity. Similar and opposite effects were previously reported in the literature (Kiran et al., 2008; Shieh and Yang, 2005; Salerno et al., 2011). These discrepancies can be explained by the use of PCLs with different properties (such as polymer average molecular weight, molecular weight distribution and original polymer crystallinity), and by the formation of different lamellar thicknesses and crystal heterogeneity (during the crystallization process and as the result of the processing temperatures and pressures). The incorporation of MCM-41 SNPs during scCO$_2$ processing also seems to induce a further decrease in the PCL melting temperature, as previously reported for calcium hydroxyapatite nanoparticles (Salerno et al., 2011) and for natural extracts (Fanovich et al., 2013). PCL degradation temperature remained almost constant for all processed samples, except for those containing the highest MCM-41 proportion (70:30 wt%) for which a decrease was observed. Therefore, PCL thermally induced degradation seems to be favored by the presence of MCM-41 SNPs (Chrissafis et al., 2007; Fukushima et al., 2009; Molinaro et al., 2013). In sum, the melting temperatures are above the physiological temperature, while the degradation temperatures are greatly above the typical polymeric processing temperatures, which makes these materials suitable for biomedical applications and easily processable at temperatures below 100–150 °C (without degradation).

3.1.4. X-ray diffraction (XRD)

XRD patterns obtained for PCL pellets/powders and for a few selected scCO$_2$-processed samples (14 and 25 MPa, for 14 h, and depressurized at 3.0 dm$^3$ min$^{-1}$) PCL and PCL/MCM-41 composites (70:30 wt%) are shown in Supplementary data (Appendix D, Figure S1-2). PCL diffractograms usually present a broad peak at approximately 18° (amorphous regions) and other peaks at 25° and at 27.7° (crystalline regions): diffraction planes (1 1 0) and (2 0 0), respectively [72–74]. Similar diffraction patterns were obtained for the non-processed PCL pellets/powders. However, peaks deconvolution and analysis showed a significant difference in crystallinity: 52.0% (for pellets) and 68.7% (for powder). This difference can be due to the different diffraction planes orientations of powders and pellets (they are the same material but they were processed by different methods). For the scCO$_2$-processed PCL samples, it was
observed a decrease in peak intensities and a broadening of the “crystalline” peaks (at 25° and 27.7°). Deconvolution analysis indicated that the crystallinity degree decreased when samples were processed at 14 MPa (56.7%), and remained nearly constant when samples were processed at 25 MPa (69.4%). The addition of inorganic particles into PCL (70:30 wt% PCL/MCM-41 samples) and its further scCO2-processing led to a clear PCL crystallinity degree (around 40%), for both processing pressures. This occurs because the inorganic particles will hamper the formation of large PCL crystallites (as it would happen in the absence of the inorganic filler) (Jiang et al., 2001; Messersmith and Giannelis, 1995).

3.1.5 Scanning electron microscopy (SEM)

The different MCM-41 compositions and operational conditions led to samples presenting quite distinct microscopic morphologies (Figs. 4 and 5). Pure PCL samples processed at 14 MPa for 14 h (Fig. 4) showed smaller pores and “denser” structures. Samples processed for 2 h exhibited different types of pores: from small up to much larger pores (that seem to be interconnected). It is known that hard-tissue engineering applications require large and interconnected macropores (between 200 and 900 μm and between 1.2 and 2.0 mm) for cell/nutrient diffusion and vascularization, as well as micropores and mesopores (smaller than 2 nm and between 2 nm and 50 nm, respectively) for fast degradability and efficient loading, transport and release of bioactive substances (Burg et al., 2000; Holly et al., 2000; Salgado et al., 2004). For the same processing periods (2 h or 14 h), faster depressurization rates (3 dm³ min⁻¹) promoted the formation of more and smaller pores. On the other hand, the addition of MCM-41 SNPs (90:10 wt%) led to the formation of more pores particularly bigger for samples processed for 14 h. For higher MCM-41 contents (70:30 wt%), “dense” and “agglomerated” macrostructures were obtained for all the operational conditions. Comparable macroscopic morphologies were obtained for the samples processed at 25 MPa (Fig. 5), at the same processing time, depressurization rate and MCM-41 proportion. Only for impure PCL samples, a decrease in pore sizes was macroscopically observed after processing at 25 MPa, as previously found in similar systems (Collins et al., 2008; Fanovich and Jaeger, 2012; Jenkins et al., 2006; Léonard et al., 2008; Salerno et al., 2011; Tai et al., 2007b). In the absence of inorganic particles, higher pressure allows more gas molecules to be absorbed by the polymer, which consequently leads to the formation of more nucleation sites (higher nucleation density) and smaller pores.

3.1.6 Nitrogen adsorption, mercury intrusion porosimetry and helium pycnometry

Helium pycnometry, mercury intrusion and nitrogen adsorption, were applied for accurate characterization of the porosity (Table 1). For both pressures (14 and 25 MPa), real density of composites increased with the proportion of MCM-41 SNPs from 1.13 up to 1.31 g cm⁻³, because MCM-41 real density is greater (2.0–2.6 g cm⁻³, Collins et al., 2008) than that of pure PCL (1.1–1.2 g cm⁻³, Collins et al., 2008; Fanovich and Jaeger, 2012). Operational conditions (pressure, processing time and depressurization rate) had a small or no evident effect on the real density values (for PCL and PCL/MCM-41 composites), despite slightly lower values were obtained after processing at 14 MPa. Apparent density determined by mercury intrusion porosimetry was between 1.11 and 1.18 g cm⁻³ for pure PCL, and between 0.90 and 1.24 g cm⁻³ for PCL/MCM-41 composites. These values are similar to those obtained using helium pycnometry and follow the same trends with the increasing MCM-41 composition and with the employed operational conditions.

Bulk density varied between 0.60 and 1.01 g cm⁻³ for pure PCL, and between 0.49 and 0.97 g cm⁻³ for PCL/MCM-41 composites and, in general, decreased as the MCM-41 proportion increased (for all the tested operational conditions). This happens because of the quite low bulk density of MCM-41 (0.34 g cm⁻³). Processing times and depressurization rates did not exert evident effect on bulk density, but high pressure processing (25 MPa) led to slightly lower bulk density values.

The porosity became higher with the increase of the MCM-41 proportion (for 14 and 25 MPa), which confirms the above explained bulk density trends. In addition, MCM-41 SNPs provided more nucleation points during the system depressurization that resulted in final higher porosities. Fast depressurization rates rendered less porous PCL and 90:10 wt% PCL/MCM-41 composites, as previously reported for PLA scaffolds (Collins et al., 2008). This variable did not affect the porosity of composites with higher MCM-41 content (70:30 wt%). Operational pressures and processing times

Fig. 3. Calorimetric profiles of PCL (pellets and powders), of processed PCL and of processed PCL/MCM-41 composites (70:30 wt% and 90:10 wt%). scCO2-assisted foaming/mixing conditions (SFM) were: 2 h and 3.0 dm h and 3.0 dm³ min⁻¹. Melting and degradation enthalpies are indicated.
Table 1
Morphology results obtained for scCO$_2$-processed PCL and PCL/MCM-41 composites.

<table>
<thead>
<tr>
<th>Processing conditions</th>
<th>PCL/MCM-41</th>
<th>Nitrogen adsorption</th>
<th>Mercury intrusion</th>
<th>Helium pycnometry</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Surface area (m$^2$ g$^{-1}$)</td>
<td>Average pore diameter (Å)</td>
<td>Average pore diameter (μm)</td>
</tr>
<tr>
<td>Pure PCL</td>
<td>2 h</td>
<td>0.2 dm$^3$ min$^{-1}$</td>
<td>0.91 ± 0.23</td>
<td>1.56 ± 0.28</td>
</tr>
<tr>
<td>14 MPa</td>
<td>2 h</td>
<td>0.3 dm$^3$ min$^{-1}$</td>
<td>0.52 ± 0.04</td>
<td>0.91 ± 0.23</td>
</tr>
<tr>
<td>90:10 wt%</td>
<td>2 h</td>
<td>0.2 dm$^3$ min$^{-1}$</td>
<td>1.36 ± 0.03</td>
<td>2.27 ± 0.66</td>
</tr>
<tr>
<td>14 MPa</td>
<td>2 h</td>
<td>0.3 dm$^3$ min$^{-1}$</td>
<td>1.51 ± 0.57</td>
<td>2.27 ± 0.66</td>
</tr>
<tr>
<td>70:30 wt%</td>
<td>2 h</td>
<td>0.2 dm$^3$ min$^{-1}$</td>
<td>39.59 ± 16.23</td>
<td>44.14 ± 1.60</td>
</tr>
<tr>
<td>14 MPa</td>
<td>2 h</td>
<td>0.3 dm$^3$ min$^{-1}$</td>
<td>39.64 ± 16.23</td>
<td>44.14 ± 1.60</td>
</tr>
<tr>
<td>Pure PCL</td>
<td>2 h</td>
<td>0.2 dm$^3$ min$^{-1}$</td>
<td>134.70 ± 5.58</td>
<td>151.13 ± 51.49</td>
</tr>
<tr>
<td>25 MPa</td>
<td>2 h</td>
<td>0.3 dm$^3$ min$^{-1}$</td>
<td>134.70 ± 5.58</td>
<td>151.13 ± 51.49</td>
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<td>151.13 ± 51.49</td>
</tr>
</tbody>
</table>

Average pore diameter (Å) = 3.89 ± 0.22
Real density (g cm$^{-3}$) = 1.29 ± 0.01
Nitrogen did not have a comprehensible effect on the obtained porosity results, despite other authors reported that porosity can be favored by longer processing times (Tai et al., 2007b). As expected, surface areas and pore volumes (determined by nitrogen adsorption) increase with the increasing MCM-41 proportion (for all tested pressure, processing time and depressurization conditions). This is due to the high surface areas and pore volumes of MCM-41 SNPs (1000 m² g⁻¹ and 0.98 cm³ g⁻¹, respectively – data provided by supplier) and is in agreement with the above presented bulk density and porosity results. Average pore diameters were measured by nitrogen adsorption (0.5–100 nm; micro and mesopores) and mercury intrusion porosimetry (4 nm–850 μm; meso and macropores). Nitrogen adsorption led to average pore diameters of 5.9–9.7 nm for pure PCL and of 4.1–14 nm for PCL/MCM-41 composites. In general, the average pore diameters decreased as the MCM-41 proportion increased, due to the introduction into the composites of the SNPs that possess average pore diameters between 2.3 and 2.7 nm, in agreement with previous results (Collins et al., 2008; Holly et al., 2000; Tsimpilaraki et al., 2011). Average pore diameters were also smaller for composites processed at 25 MPa. Pressure effect was not observed for pure PCL samples, despite the fact that other authors found that larger pores are formed with higher processing pressures (Xu et al., 2004). On the other hand, the average pore diameters obtained by mercury intrusion were found to be in the 80–400 nm range for pure PCL and in the 110 nm–39.5 μm for PCL/MCM-41 composites. The size of the macropores increased with the MCM-41 proportion (for all tested operational conditions), which can be explained by the fact that the introduction of MCM-41 SNPs affects the nucleation of CO₂ inside the PCL matrices and thus leads to larger pore diameters than those obtained for pure PCL. In general, pressure and processing time did not present comprehensible effects and tendencies, contrarily to faster depressurization.

![SEM analysis for PCL and scCO₂-assisted PCL-MCM-41 composites processed at 14 MPa. Magnification 40×. Scale bar 500 μm.](image1)

![SEM analysis for PCL and scCO₂-assisted PCL-MCM-41 composites processed at 25 MPa. Magnification 40×. Scale bar 500 μm.](image2)
rates that led to smaller average pore diameters (at all operational conditions and for all tested PCL and PCL/MCM-41 samples – as previously observed by SEM). This is mostly due to the CO₂ diffusion rate in the molten polymer and similar results were already reported in the literature (Collins et al., 2010; Fanovich and Jaeger, 2012; Jenkins et al., 2006; Kiran, 2010; Tai et al., 2007b; Xu et al., 2004; Zhai et al., 2006).

In sum, the implemented SFM method enables the preparation of PCL and PCL/MCM-41 composite biomaterials with different morphological properties (density, porosity, surface area, pore volume, average pore diameter and pore diameter range) simply by changing some of the processing conditions (pressure, processing time and depressurization rate, Chen et al., 2002; Tai et al., 2007b; Teng et al., 2007; Rouholamin et al., 2013) and the MCM-41 relative composition.

3.1.7. Mechanical compression tests

Other properties, such as mechanical properties (Fig. 6 and Supplementary data, Appendix E, Table S.I. 2) may also be affected by these processing strategies. Compressive moduli and compressive stresses increased ~30% and ~15%, respectively, when 10 wt% of MCM-41 SNPs were added to PCL. However, further increase in SNPs proportion up to 30 wt% caused the compressive moduli (and stresses) to decrease to values similar to those of PCL samples. Therefore, the addition of 10 wt% of this inorganic filler reinforced PCL structure, but a further increase in its proportion led to the opposite effect. Similar results were described for other composite materials (Georgiou et al., 2007; Lee et al., 2005; Mathieu et al., 2005) and attributed to the higher heterogeneity and increased porosity of composites having high contents of porous inorganic materials, which increases the phase separation and impairs the interaction/compatibility between composite inorganic/organic counterparts, thus leading to lower compressive moduli (Mathieu et al., 2005). Effects of pressure, processing time and depressurization rate were not evident, although lower compressive moduli and compressive stresses were obtained for pure PCL samples processed at the highest pressure condition (25 MPa). In sum, PCL samples and PCL/MCM-41 composites presented compressive modulus lower than those characteristic of trabecular and cortical bone (ca. 0.1–5 GPa and 10–20 GPa, respectively) (Baker et al., 2009; Fu et al., 2011; Georgiou et al., 2007). Nevertheless, mechanical properties values comparable to those of natural bones could be attained if the prepared materials are comminuted and introduced into, for example, fast-setting bone/dental cements.

3.2. Dexamethasone loading/release results

3.2.1. Dexamethasone loading

scCO₂-assisted loading of DXMT was carried out applying two approaches: (i) addition of known amounts of DXMT to the solid PCL/SNPs physical mixtures before SFM processing and (ii) impregnation/deposition (SSID) of DXMT into MCM-41 and SBA-15 SNPs before mixing with PCL and applying SFM processing. Additionally, soaking of the SNPs in aqueous solutions of DXMT was assayed for comparison.

In recent years our research group applied SSID to incorporate several bioactive substances into a wide range of polymers and polymer-based devices which were envisaged for distinct pharmaceutical and biomedical applications (Braga et al., 2011, 2008; Costa et al., 2010a, 2010b; Dias et al., 2011, 2013; Duarte et al., 2006, 2007; González-Chomón et al., 2012; Yañez et al., 2011). In these works, the loading yields of the SSID method were discussed in terms of the employed operational conditions (temperature, pressure, processing time, depressurization rate, and co-solvent addition) as well as of the relative and mutual physicochemical interactions that may be established between all substances involved in the process. Other authors already reported the SSID deposition of several substances into mesoporous materials and namely into mesoporous SNPs (Ahern et al., 2012; Belhadj-Ahmed et al., 2009; Kikic et al., 1996; Morère et al., 2011; Ni et al., 2012). Solid inorganic matrices cannot swell with scCO₂ and therefore the specific physicochemical interactions of the SNPs/scCO₂ interactions are not relevant for the process. However, their microstructural properties (namely surface area, porosity and average pore diameter) may affect the scCO₂ diffusion into/out from SNPs and the corresponding deposition/adsorption yields.

The DXMT solubility in scCO₂ at 35 °C was found to be low and not dependent on pressure: 9.07 × 10⁻² µg cm⁻³ at 15 MPa, and 10.14 × 10⁻² µg cm⁻³ at 25 MPa (Chim et al., 2012). Therefore, the loading yield should be mostly controlled by the balance between the DXMT/scCO₂ interactions (hydrophobic methyl/CO₂ and Lewis basic-type carbonyl/CO₂) (Kazarian, 2000; Kikic, 2009; Kikic and Vecchione, 2003) and the DXMT/SNPs specific interactions (hydrogen bonds between the silanol moieties of silica and the hydroxyl groups of the DXMT molecule), which determines the final DXMT “solubility” and partitioning into SNPs. If the DXMT/scCO₂ interactions are not intense (like it seems to be the case), DXMT may have a high partition coefficient in SNPs and thus it could be easily deposited from the scCO₂ mobile phase.

Total amounts of loaded DXMT into MCM-41 and SBA-15 SNPs, estimated after complete drug leaching (for samples processed by SSID) or by monitoring aqueous DXMT concentration (soaked in aqueous solution at 37 °C) are shown in Fig. 7. DXMT loading yields
by SSID increased with processing time (14 h vs. 2 h) for both operational pressures (14 and 25 MPa) and tested materials (MCM-41 and SBA-15). This indicates that transport properties are, in some way, affecting the DXMT loading process. For a 2-h processing period, the operational pressure does not have any clear effect on the loading yields (for both materials). However, for a 14-h processing period, the higher pressure (25 MPa) led to a lower DXMT loading yield for MCM-41, while for SBA-15 a slightly higher loading yield was observed. At 14 MPa and 35 °C, scCO₂ presents enhanced transport properties, i.e., a lower viscosity (−71.2 μPa.s) and a higher self-diffusion coefficient (−2.1 × 10⁻⁸ m²s⁻¹) than at 25 MPa and 35 °C (−91.7 μPa.s and −1.7 × 10⁻⁸ m²s⁻¹) (NIST, 2013; Higashi et al., 2000). Therefore, transport properties are probably not an important issue at the lower pressure condition and higher loading yields are obtained for the material having the higher surface area (MCM-41), i.e., the DXMT–silica interactions seem to be controlling the process.

However, at 25 MPa the transport properties become less favorable as scCO₂ viscosity increases and scCO₂ self-diffusion coefficient and diffusivity decreases. To the best of our knowledge, there is no literature data regarding the diffusivity of scCO₂ inside MCM-41 SNPs at the experimental conditions employed in this work. Diffusivity was calculated to be −1.45 × 10⁻⁸ m²s⁻¹ (25 °C, atmospheric pressure) by molecular simulation studies (Williams et al., 2011). This CO₂ self-diffusion coefficient (inside the pores of MCM-41) is much lower than the gaseous CO₂ self-diffusion coefficient at 25 °C and atmospheric pressure (−13.8 × 10⁻⁶ m²s⁻¹) (Massman, 1998). This fact was attributed to the interactions that may be established between CO₂ and the hydroxyl groups at the MCM-41 surface as well as to the tendency of CO₂ to become trapped in nooks in the amorphous pore walls (Williams et al., 2011). It is expected that similar phenomena may also occur at the higher pressure conditions employed in this work and for both tested SNPs (MCM-41 and SBA-15). The smaller average pore diameters of MCM-41 (if compared to those of SBA-15) may be imposing additional transport restrictions to the DXMT/scCO₂ mobile phase or even clogging pores apertures with deposited DXMT, thus leading to lower global DXMT loading yields into MCM-41.

DXMT loading yields by soaking of MCM-41 and SBA-15 SNPs in aqueous solutions were much lower than those attained with SSID; these differences being bigger for longer SSID processing time (14 h). The DXMT equilibrium solubility in water is 100 μg cm⁻³ at 25 °C and 116 μg cm⁻³ at 37 °C (Pitha et al., 1986; Yalkowsky and He, 2003). The concentration of the employed DXMT aqueous solution was 26 μg cm⁻³, i.e., lower than the aqueous equilibrium solubility but much higher than the DXMT equilibrium solubility in scCO₂ (at the employed SSID experimental conditions). Therefore, it can be concluded that the higher loading yields obtained by the SSID method are due to the enhanced transport properties (viscosity and diffusivity) of the scCO₂ mobile phase (and if compared to the mobile aqueous phase). At the loading conditions by soaking in DXMT aqueous solution (37 °C and atmospheric pressure), the water viscosity (−691.5 μPa.s) is much higher than the scCO₂ viscosity at the SSID loading conditions. Moreover, the self-diffusion coefficients of water are also lower than those of scCO₂. The self-diffusion coefficients of liquid water inside MCM-41 SNPs pores were found to be between −0.17 × 10⁻¹⁰ and −2.3 × 10⁻¹⁰ m²s⁻¹ (depending on pore diameter), which are smaller than those of bulk liquid water (−2.0 × 10⁻⁹ m²s⁻¹) because of the strong interactions between the mobile phase molecules and the hydroxyl groups at the MCM-41 pore surfaces (as in the case of scCO₂) (Hansen et al., 1995). Similar results should be expected for the SBA-15 SNPs (despite their larger average pore diameters).

3.2.2. Dexamethasone release

DXMT release profiles from the MCM-41 and SBA-15 SNPs that were processed by the SSID method are shown in Fig. 8. DXMT-loaded SBA-15 SNPs released higher amounts (2.8–3.0 μg mg⁻¹) than MCM-41 SNPs (1.3–2.0 μg mg⁻¹). SBA-15 SNPs released at 8 h between 21% and 64% of the total loaded amounts, while MCM-41 SNPs only released between 10% and 44%. These results are related to the larger pore diameters of SBA-15 SNPs which help water diffusion into pores and lead to faster DXMT desorption and release. Thus, the SSID method proved to be more efficient than the aqueous sorption method to load (and release) different amounts of DXMT simply by controlling the operational conditions and/or by using different types of SNPs having distinct morphological features.

The release profiles from DXMT-loaded PCL and DXMT-loaded PCL/SNPs composites and the corresponding release kinetic parameters are shown in Fig. 9 and Table 2, respectively. In general, PCL samples released lower DXMT amounts than PCL/SNPs composites. PCL and PCL/SBA-15 samples processed at 25 MPa led to higher released amounts than those processed at 14 MPa. The processing pressure effect was not so evident in the case of PCL/MCM-41 composites. PCL/SBA-15 70:30 wt% composites released more DXMT than the 90:10 wt% composites (for both operational pressures). This compositional effect was not clear for PCL/MCM-41 samples. These findings are related to the already discussed lower bulk density and higher porosity/surface area (as well as to the different pore diameter ranges) that were obtained by increasing the operational pressure and the SNPs proportion. All these features facilitate water diffusion into samples pores which, in turn, accelerates DXMT desorption and release. PCL hydrolytic degradation should not affect DXMT release profiles due to the relatively short release period that was tested.

Regarding the release kinetics (Table 2), the higher k values were obtained for PCL/SNPs composites processed at the highest pressure condition (25 MPa). Moreover, k values for the 70:30 wt% samples were always higher than those of the 90:10 wt% samples for PCL/SBA-15 composites at both operational pressures. Once again, this compositional effect was not observed for the PCL/MCM-41 composites. Despite the lower released amounts after the 8 days, it can also be concluded that the DXMT release is faster (at initial times) for PCL samples than for PCL/SNPs. Correlated release exponents, n, which usually provide some information regarding the involved release mechanisms, were above 0.5 except for PCL and the 90:10 wt% PCL/SBA-15 composites, processed at 25 MPa, which presented slightly lower values (however, fairly close to 0.5). These results indicate that drug release was mostly controlled by an anomalous transport mechanism (i.e., a superposition of fickian- and of case II-type transport mechanisms) probably due to the release of the DXMT located at near-surface regions and to
the initial PCL surface skin erosion (Siepmann and Peppas, 2001; Siepmann and Siepmann, 2011).

Therefore and besides the already discussed wide range of thermomechanical and morphological properties of the processed composites, the SFM method provided a large range of distinct DXMT release profiles, which can be easily tuned by changing the process operational pressure and the type/composition of the DXMT-loaded SNPs. Although not tested in this work, it is obvious that other conditions (such as temperature, depressurization rate and processing time) may also affect the DXMT release behavior from these systems. The long-term PCL degradation should make the DXMT-loaded SNPs gradually accessible to release their cargo enabling prolonged release. It should be noticed that the prepared composite disks can be grinded down to an adequate particle size in order to be used alone or, alternatively, to be incorporated into other biopolymers, injectable hydrogels or bone/dental cements. Although biocompatibility/toxicity tests were not performed in this work, there are already evidences that all the involved chemical substances (DXMT, PCL, SNPs and CO₂) are physiologically safe, accepted and in-use for several tissue engineering and/or drug delivery applications (Fruitier-Pölloth, 2012; Jaganathan and Godin, 2012; Schantz et al., 2004). Nevertheless, some of these tests should be performed in the near future, namely to verify the DXMT loading/release amounts that are optimal for stem cell differentiation toward the osteogenic lineage (without inducing cell toxicity).

Table 2
Correlated kinetic parameters for the DXMT release from PCL and PCL/SNPs composites, processed at 14 MPa and 25 MPa, for 14 h and depressurized at 0.2 dm³ min⁻¹. Disk/slab-shaped samples: 2.0 mm × 5.5 mm (thickness × diameter).

<table>
<thead>
<tr>
<th>Samples</th>
<th>Kinetic parameters</th>
<th>Released DXMT (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>n</td>
<td>k, days⁻¹</td>
</tr>
<tr>
<td></td>
<td>14 MPa</td>
<td>25 MPa</td>
</tr>
<tr>
<td>PCL</td>
<td>0.5728</td>
<td>0.5004</td>
</tr>
<tr>
<td></td>
<td>0.4335</td>
<td>0.5053</td>
</tr>
<tr>
<td>MCM-41</td>
<td>0.5784</td>
<td>0.2636</td>
</tr>
<tr>
<td>90:10 wt%</td>
<td>0.6491</td>
<td>0.3078</td>
</tr>
<tr>
<td>70:30 wt%</td>
<td>0.5430</td>
<td>0.2665</td>
</tr>
<tr>
<td>25 MPa</td>
<td>0.6045</td>
<td>0.3196</td>
</tr>
<tr>
<td>SBA-15</td>
<td>0.5666</td>
<td>0.1713</td>
</tr>
<tr>
<td>90:10 wt%</td>
<td>0.4769</td>
<td>0.2049</td>
</tr>
<tr>
<td>70:30 wt%</td>
<td>14 MPa</td>
<td>0.6502</td>
</tr>
<tr>
<td>25 MPa</td>
<td>0.6117</td>
<td>0.4834</td>
</tr>
<tr>
<td></td>
<td>0.9975</td>
<td></td>
</tr>
</tbody>
</table>

Fig. 8. DXMT release profiles from SNPs (processed by SSIP). Release results are shown up to an 8 h release period for MCM-41 (top) and SBA-15 (bottom). SNPs were loaded with DXMT at different operational conditions: depressurization rate was 0.2 dm³ min⁻¹; processing times were 2 h (empty markers) and 14 h (filled markers); and pressures were 14 MPa (A and C) and 25 MPa (B and D).
Fig. 9. Release profiles from DXMT-loaded PCL and PCL/SNPs composites. Release results are shown up to an 8 days release period. Samples were processed by scCO2-assisted foaming/mixing (SFM) for 14 h and depressurized at 0.2 dm3 min−1. Other experimental conditions were: PCL, 14 MPa (A); PCL, 25 MPa (B); 90:10 wt%, 14 MPa (C); 50:10 wt%, 25 MPa (D); 70:30 wt%, 14 MPa (E); and 70:30 wt%, 25 MPa (F).

4. Conclusions

An environmentally friendly and safe SFM method was implemented to develop PCL/SNPs composite biomaterials presenting adequate chemical, mechanical, morphological and drug loading/release properties that may be helpful for hard tissue engineering applications. SNPs were firstly loaded with DXMT (using a SSDID) and later incorporated into PCL + DXMT mixtures (using the SFM method). The SSDID method was more efficient than the aqueous soaking to load DXMT into mesoporous SNPs; controlling SSDID operational conditions and/or using SNPs with distinct morphological properties enabled tuning the loading yield. Tuning SFM processing conditions (pressure, processing time and depressurization rate) and the MCM–41 relative proportion it was possible to obtain composites with different physicochemical, mechanical and morphological properties (density, porosity, surface area, pore volume, average pore diameter and pore diameter range). Processing of PCL and mesoporous SNPs (MCM–41 and SBA–15) at different proportions and operational conditions rendered distinct DXMT release profiles, with adjustable prolonged release kinetics.

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Appendix A. Supplementary data

Supplementary data associated with this article can be found, in the online version, at http://dx.doi.org/10.1016/j.ijpharm.2013.08.042.

References


