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Conformational behaviour of biologically active ferulic acid derivatives

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ABSTRACT

The conformational behaviour of several biologically relevant hydroxycinnamic systems – ferulic acid and its methyl, ethyl, propyl and butyl esters – was studied by quantum mechanical calculations, at the DFT level. A full geometry optimisation was carried out, as well as a Fourier analysis of the main internal rotations within these molecules. The geometrical preferences of these compounds result from a balance between the stabilising resonance and hydrogen bonding effects and the destabilising non-bonding repulsions, the most stable conformers displaying an *s-cis* conformation and hydroxyl/methoxyl substituent groups coplanar to the aromatic ring. The results thus obtained allow a better understanding of the well recognised *in vitro* and *in vivo* antioxidant and growth-inhibiting properties of this type of phenolic systems.

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1. Introduction

Hydroxycinnamic acids and hydroxycinnamates have received particular attention in the past 10 years, since their potential health benefits have been discovered, namely in the prevention of several human diseases related with the oxidative stress [1–17]. They are an integral part of a diet rich in fruit, vegetables and beverages and may scavenge free-radical oxygen species both *in vitro* and *in vivo* [18–20]. Although, apart from the recognised antioxidant activity, hydroxycinnamic acids and derivatives, can act *in vivo* by triggering gene induction/repression via intracellular signalling network molecules [1,21–26].

Ferulic acid (FA), which corresponds to a monohydroxylated cinnamic acid, and its ester derivatives possess distinct structural motifs that contribute to their biological activity: the presence of electron-donating substituent groups in the aromatic ring (hydro-xyl and/or methoxyl); the acid or ester moiety with an adjacent unsaturated C=C double bond, providing additional sites of attack for free radicals; and the carboxylic group, acting as an anchor to the lipid bilayer and the ester group, thus contributing to the significant lipophilicity of these molecules. In addition, the biological efficacy of this kind of phenolic systems is expected to be dose- and structure-dependent, which renders the studies on their structural preferences, essential for the understanding of their multifunctional biological actions.

The present work aims at establishing the principal stabilising factors that rule the structural features of FA and its ester derivatives, using quantum mechanical (QM) calculation, at the Density Functional Theory (DFT) level. A complete geometry optimisation was performed for FA and methyl, ethyl, propyl and butyl ferulates (MF, EF, PF and BF, respectively), yielding all their lowest energy geometries. The energy barriers for the several internal rotations within the molecules were also calculated, and their Fourier profile was obtained.

2. Computational methods

2.1. Quantum mechanical calculations

The QM calculations were performed, using the GAUSSIAN 03 W computational package [27], with the GaussView interface program [28]. The Density Functional Theory (DFT) approach was applied, since it is a good compromise between accuracy and computational time and ensures a precise description of electronic correlation. The widely used hybrid method denoted by B3LYP, which includes a mixture of HF and DFT exchange terms and the gradient-corrected correlation functional of Lee, Yang and Parr [29,30], as proposed and parameterised by Becke [31,32] was employed, along with the standard valence double-zeta basis set 6-31G of Pople and co-workers [33], supplemented by a set of *d* and *p* polarisation functions [34,35].

For each compound studied, the molecular geometries were fully optimised without applying any symmetry restrictions up

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to convergence, using the Berny algorithm in redundant internal coordinates [36]: the bond lengths to within *ca.* 0.1 pm and the bond angles to within *ca.* 0.1°. The final root-mean-square gradients were always less than 3×10^{-4} hartree.bohr⁻¹ or hartree.radian⁻¹. The harmonic vibrational frequencies were also calculated, in order to confirm the convergence to minima in the potential-energy surface and to introduce the zero point vibrational energy.

Quantitative potential-energy profiles for rotation around different bonds within the molecule were obtained, scanning each fixed torsional angle (θ) by increments of 15° or 30°. All remaining geometrical parameters were optimised at the B3LYP/6-31G(d,p) level of calculation. The relative energies of the rotamers were fitted using least-squares Fourier-type functions (Eq. (1)).

$$V(\theta) = \sum_{n=1}^{4} \frac{1}{2} V_n [1 - \cos(n\theta)]$$
(1)

The parameters V_n correspond to potential-energy relative to a reference value [37,38] (where the subscript denotes the fold periodicity).

3. Results

3.1. Geometry optimisation

A complete geometry optimisation was carried out for ferulic acid (FA) and methyl (MF), ethyl (EF), propyl (PF) and butyl (BF) ferulates, always considering the *trans* isomer (θ (C₃-C₉-C₁₀-C₁₁) = 180°) (Fig. 1). For each of these compounds, the geometries and relative energies were obtained for the distinct calculated conformers (Figs. 2–6).

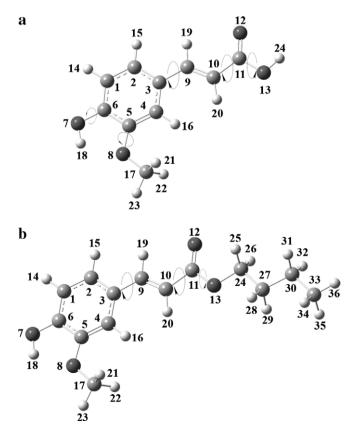


Fig. 1. Schematic representation of the most stable calculated conformers for ferulic acid (a) and butyl ferulate (b). (black: oxygen, gray: carbon, white: hydrogen. The atom numbering is included).

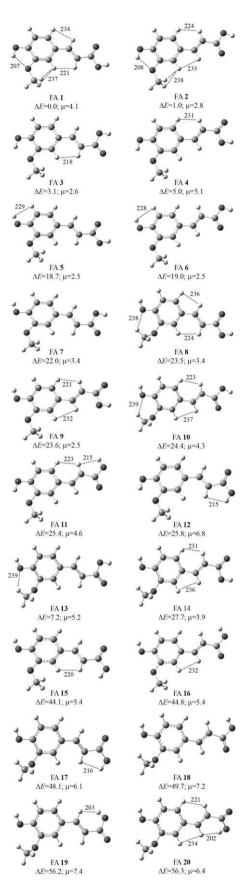
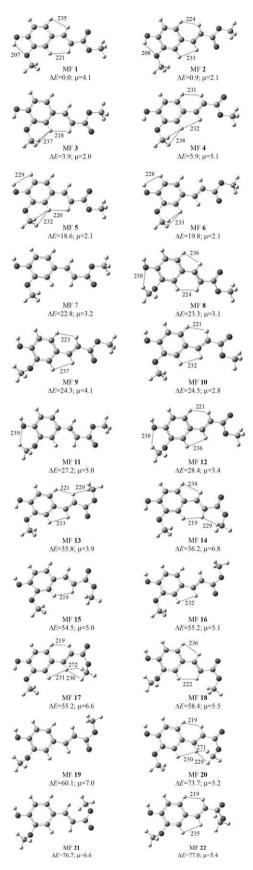


Fig. 2. Representation of the optimised geometries (B3LYP/6-31G(d,p) level of calculation) for FA, displaying the (C)H···O, (O)H···O, (C)H···H and (O)H···H intramolecular interactions. (Relative energies in kJ mol⁻¹ and total dipole moments (μ) in Debye. Black: oxygen, gray: carbon, white: hydrogen).



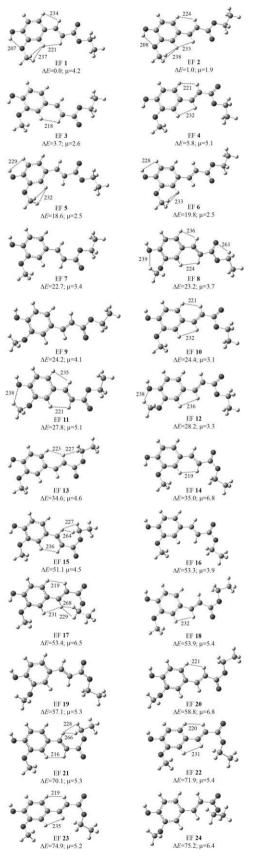
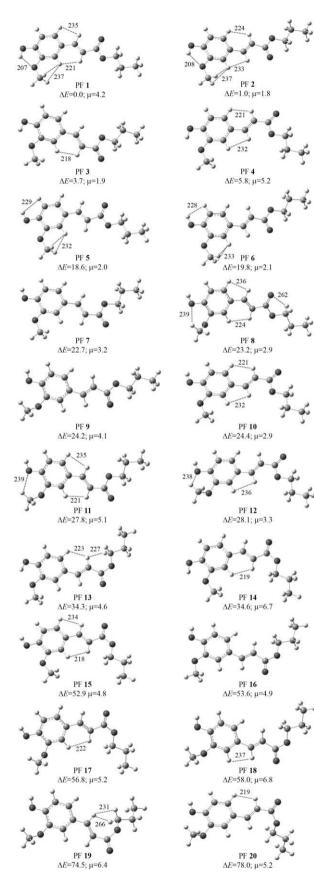


Fig. 3. Representation of the optimised geometries (B3LYP/6-31G(d,p) level of calculation) for MF, displaying the (C)H…O, (O)H…O, (C)H…H and (O)H…H intramolecular interactions. (Relative energies in kJ mol⁻¹ and total dipole moments (μ) in Debye. Black: oxygen, gray: carbon, white: hydrogen).

Fig. 4. Representation of the optimised geometries (B3LYP/6-31G(d,p) level of calculation) for EF, displaying the (C)H···O, (O)H···O, (C)H···H and (O)H···H intramolecular interactions. (Relative energies in kJ mol⁻¹ and total dipole moments (μ) in Debye. Black: oxygen, gray: carbon, white: hydrogen).



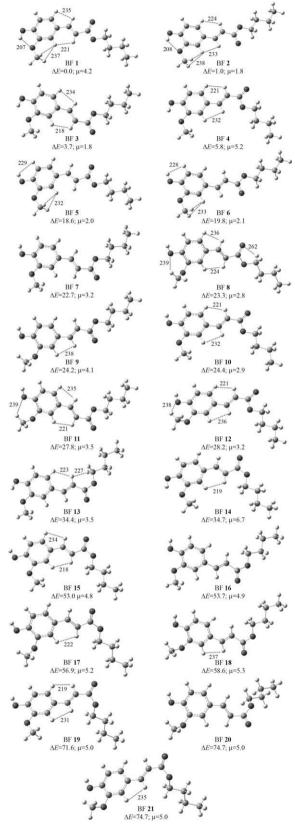


Fig. 5. Representation of the optimised geometries (B3LYP/6-31G(d,p) level of calculation) for PF, displaying (C)H···O, (O)H···O, (C)H···H and (O)H···H intramolecular interactions. (Relative energies in kJ mol⁻¹ and total dipole moments in Debye. Black: oxygen, gray: carbon, white: hydrogen).

Fig. 6. Representation of the optimised geometries (B3LYP/6-31G(d,p) level of calculation) for BF, displaying the (C)H···O, (O)H···O, (C)H···H and (O)H···H intramolecular interactions. (Relative energies in kJ mol⁻¹ and total dipole moments (μ) in Debye. Black: oxygen, gray: carbon, white: hydrogen).

The effect of several structural parameters on the overall stability of these molecules was investigated: (i) rotation around the (C_3-C_9) bond; (ii) *syn* or *anti* geometries, defined by a $(C_9=C_{10}-C_{11}=O_{12})$ dihedral equal to either 0° or 180°, respectively; (iii) orientation of the H₂₄ atom, in ferulic acid, or of the alkyl ester chain (in the corresponding esters) relative to the carbonyl group, yielding an *s-cis* or an *s-trans* conformation; (iv) orientation of the hydroxyl and methoxyl ring substituents, determined by the (C₅-C₆-O-H₁₈) and (C₄-C₅-O₈-C₁₇) dihedrals, respectively.

For all the compounds analysed, the most stable structures (conformers **1** to **4**, Figs. 2–6) display a quite low energy difference relative to the most stable conformer (between 0.8 and $5.9 \text{ kJ} \text{ mol}^{-1}$) (Supplementary material, Figs. S1–S5).

Table 1 comprises the calculated optimised geometrical parameters for all the populated conformers obtained of FA, at 298.15 K, and for an FA 1 dimeric species (FA 1'). These results were compared to the X-ray structural data reported for FA [39], a good agreement having been found. The calculated optimised geometrical parameters for the two most populated conformers of each of the ferulic esters under study are represented in Table 2. Geomet-

Table 1

Experimental and calculated (B3LYP/6-31G(d,p)) optimised geometries for the most stable conformers of FA (1-4) and for a dimeric specie of FA 1 (FA 1').

$\begin{array}{c c c c c c c c c c c c c c c c c c c $	Parameters ^a	Exp. ^b	FA 1	FA 1′	FA 2	FA 3	FA 4
$\begin{array}{cccccccccccccccccccccccccccccccccccc$			48% ^c		32%	14%	6%
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	Bond lengths (pm)						
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	• • • •	136.3	135.5	135.5	135.6	135.5	135.6
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	C ₅ -O ₈	136.9	137.3	137.3	137.3	137.3	137.4
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$O_8 - C_{17}$	142.0	142.1	142.2	142.1	142.1	142.1
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$C_{11} - O_{12}$	125.7	121.1	124.0	121.8	121.8	121.7
$\begin{array}{cccccccccccccccccccccccccccccccccccc$		128.9	136.2	132.4	136.1	136.3	136.4
$\begin{array}{cccccccccccccccccccccccccccccccccccc$		135.8	139.4	139.4	139.1	139.4	139.1
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	C ₂ -C ₃	139.8	140.3	140.3	140.5	140.3	140.5
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$C_3 - C_4$	139.8	141.5	141.5	141.2	141.5	141.3
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	C ₄ -C ₅	137.1	138.3	138.3	138.7	138.4	138.7
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	C ₅ -C ₆	139.4	141.1	141.1	141.1	141.6	141.1
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$C_1 - C_6$	137.7	139.0	139.0	139.4	139.0	139.4
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	C ₃ -C ₉	145.4	145.6	145.6	145.7	145.8	145.9
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$C_9 - C_{10}$	132.9	134.8	134.8	134.8	134.9	134.9
$\begin{array}{cccccccccccccccccccccccccccccccccccc$		145.8	147.0	147.0	147.0	146.8	146.8
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	Bond angles (°)						
$\begin{array}{cccccccccccccccccccccccccccccccccccc$		122.2	121.9	124.8	121.9	121.6	121.6
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$C_1 - C_6 - O_7$	119.2	120.5	120.5	120.2	120.5	120.2
$\begin{array}{cccccccccccccccccccccccccccccccccccc$		126.1	126.3	126.3	126.3	126.3	126.3
$\begin{array}{cccccccccccccccccccccccccccccccccccc$		117.3	126.6	122.2	126.5	124.3	124.3
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$C_{10} - C_{11} - O_{13}$	120.4	111.5	113.4	111.5	114.1	114.1
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$C_1 - C_2 - C_3$	121.3	121.4	121.4	121.0	121.4	121.0
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$C_2 - C_3 - C_4$	118.0	118.4	118.4	118.4	118.4	118.4
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$C_3 - C_4 - C_5$	120.9	120.5	120.2	120.6	120.5	120.7
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$C_2 - C_1 - C_6$	119.7	119.8	119.8	120.2	119.8	120.2
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$C_4 - C_3 - C_9$	122.6	122.7	122.7	118.2	122.7	118.2
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$C_3 - C_9 - C_{10}$	128.9	128.2	128.1	128.2	127.7	127.6
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	$C_9 - C_{10} - C_{11}$	121.2	120.0	120.7	119.8	124.0	123.8
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$C_5 - O_8 - C_{17}$	117.4	118.3	118.3	118.2	118.3	118.2
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	Dihedral angles (°)						
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$		179.1	180.0	180.0	180.0	180.0	180.0
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$		-	180.0	180.0	180.0	180.0	180.0
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	$C_9 - C_{10} - C_{11} - O_{12}$	3.2	0.0	0.0	0.0	180.0	180.0
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$C_9 - C_{10} - C_{11} - O_{13}$	-176.9	180.0	180.0	180.0	0.0	0.0
$\begin{array}{cccccccccccccccccccccccccccccccccccc$		0.4	0.0	0.0	0.0	0.0	0.0
$\begin{array}{cccccccccccccccccccccccccccccccccccc$		-	0.0	0.0	0.0	0.0	0.0
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	$C_5 - C_4 - C_3 - C_2$	-	0.0	0.0	0.0	0.0	0.0
$\begin{array}{rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$		-	0.0	0.0	0.0	0.0	0.0
$\begin{array}{cccccccccccccc} C_2-C_3-C_9-C_{10} & -178.2 & 180.0 & 180.0 & 0.0 & 180.0 & 0.0 \\ C_3-C_9-C_{10}-C_{11} & - & 180.0 & 180.0 & 180.0 & 180.0 & 180.0 \end{array}$		-	180.0	180.0	180.0	180.0	180.0
$C_3 - C_9 - C_{10} - C_{11}$ - 180.0 180.0 180.0 180.0 180.0		-178.2	180.0	180.0	0.0	180.0	0.0
		-	180.0	180.0	180.0	180.0	180.0
		-	0.0	0.0	0.0	0.0	0.0

^a Atoms are numbered according to Fig. 1.

^b Data obtained from X-ray diffractometry [39].

^c Boltzmann populations at 298.15 K.

rical parameters involving the hydrogen atoms for FA and ferulates are available in the Supplementary material, Tables S1 and S2, respectively).

3.2. Rotational isomerism

For the lowest energy conformers (s-cis), the potential-energy profiles for the internal rotation around the (C_3-C_9) and $(C_{10}-C_{11})$ bonds were determined and analysed, for both FA and the ferulates, and the corresponding rotational energy barriers were calculated (at the B3LYP/6-31(d,p) level). For these internal rotations, the conformational behaviour and the respective Fourier deconvolutions for FA are showed in Figs. 7 and 8, respectively. These results may be extended to all the ferulates presently investigated, since similar rotational profiles were obtained for these systems and the parent acid. Similarly, the potential-energy plots for the rotation around (C_6-O_7) and (C_5-O_8) were calculated only for the most stable FA conformer (Figs. 9 and 10, respectively. Furthermore, the potential-energy profile around $(C_{11}-O_{13})$ for both the acid and the esters (s-cis to s-trans conversion) were obtained. The corresponding conformational behaviour and its Fourier deconvolutions are represented in Figs. 11 and 12 for FA and MF, respectively, the latter being similar to the results obtained for EF, PF and BF.

Table 3 summarises the calculated energy differences for FA and the ferulates presently studied, as well as the energy barriers and Fourier components (V_n) calculated for the internal rotations around the (C_3-C_9), ($C_{11}-C_{10}$) and ($O_{11}-O_{13}$) bonds.

4. Discussion

The conformational results presently obtained for the systems under study will be discussed in the light of the main parameters that determine their overall structure and stability: steric repulsions; inductive and resonance effects; and intramolecular hydrogen bond interactions. In addition to these, other factors also account for the conformational behaviour of this kind of hydroxy-cinnamic derivatives, namely electrostatic interactions, or intermolecular hydrogen close contacts (C)H···O and (O)H···O (*e.g.* yielding dimeric species).

4.1. Conformational preferences of ferulic acid and its ester derivatives

A typical structural parameter of cinnamic acids and their derivatives is the partial double bond character of the (C₃–C₉) and (C₁₀– C₁₁) bonds (*d* = 145–147 pm, Tables 1 and 2), reflecting an effective π -electron delocalisation between the aromatic ring, the unsaturated pendant chain and the carboxylic moiety. The (C₄–C₅–O₈) bond angle was found to widen, in order to minimise the steric interactions between H₁₆ and the H₂₁ and H₂₂ atoms bonded to C₁₇ (*d* = 237 pm; α (C₄–C₅–O₈) = 126°). Moreover, the opening of the (C₃–C₉–C₁₀) angle (α = 128°), as well as the difference found for the (C₄–C₃–C₉) angle between the conformers displaying a (C₂–C₃–C₉–C₁₀) dihedral of either 180° and 0°, are mainly due to the steric hindrance between H₂₀ and H₁₆ (*d* = 221 pm, α (C₄–C₃– C₉) = 123°; *e.g.* conformer **1**), or between H₂₀ and H₁₅ (*d* = 224 pm, α (C₄–C₃–C₉) = 118°; *e.g.* conformer **2**) (Figs. 2–6, Tables 1 and 2).

As expected, the calculated bond lengths and bond angles involving the carboxylic group in FA (gas-phase) differ from its reported crystal parameters: $d(C_{11}-O_{12}) = 121 \text{ vs. } 126 \text{ pm}; d(C_{11}-O_{13}) = 136 \text{ vs. } 129 \text{ pm}; \alpha(C_{10}-C_{11}-O_{12}) = 127^{\circ} \text{ vs. } 117^{\circ}; \alpha(C_{10}-C_{11}-O_{13}) = 111^{\circ} \text{ vs. } 120^{\circ}, \text{ respectively (Table 1). In fact, when comparing the structures calculated for FA 1 and the corresponding dimer FA 1' (which is similar to the reported FA crystal structure), an in-$

Table 2

Calculated (B3LYP/6-31G(d,p)) optimised geometries for the most stable conformers of MF, EF, PF and BF.

Parameter ^a	MF 1	MF 2	EF 1	EF 2	PF 1	PF 2	BF 1	BF 2
	51% ^b	34%	49%	35%	49%	35%	49%	35%
Bond lengths (pm)								
C ₆ -O ₇	135.6	135.7	135.6	135.7	135.6	135.7	135.6	135.7
C ₅ -O ₈	137.3	137.4	137.3	137.4	137.3	137.4	137.3	137.4
$O_8 - C_{17}$	142.1	142.1	142.1	142.1	142.1	142.1	142.2	142.1
$C_{11} - O_{12}$	121.8	121.8	121.8	121.9	121.8	121.9	121.8	121.9
C ₁₁ -O ₁₃	136.0	136.0	136.0	135.8	135.9	135.8	135.9	135.8
$0_{13} - C_{24}$	143.3	143.3	143.3	144.2	144.1	144.1	144.2	144.2
$C_1 - C_2$	139.4	139.1	139.4	139.1	139.4	139.1	139.4	139.1
$C_2 - C_3$	140.3	140.5	140.3	140.5	140.3	140.5	140.3	140.5
C ₃ -C ₄	141.5	141.3	141.5	141.3	141.5	141.3	141.5	141.3
$C_4 - C_5$	138.4	138.7	138.4	138.7	138.4	138.7	138.4	138.7
$C_5 - C_6$	141.5	141.1	141.5	141.1	141.5	141.1	141.5	141.1
$C_1 - C_6$	139.0	139.4	139.0	139.4	139.0	139.4	139.0	139.4
$C_3 - C_9$	145.7	145.8	145.7	145.8	145.7	145.8	145.7	145.8
$C_9 - C_{10}$	134.8	134.7	134.8	134.7	134.7	134.7	134.7	134.7
$C_{10} - C_{11}$	147.2	147.3	147.3	147.3	147.3	147.4	147.3	147.4
$C_{24}-C_{27}$	-	-	151.7	151.7	152.1	152.1	152.0	152.0
$C_{27} - C_{30}$	_	_	-	-	153.2	153.2	153.4	152.0
$C_{30} - C_{33}$					155.2	133.2	153.1	153.1
							155.1	155.1
Bond angles (°)								
$0_{12} - C_{11} - 0_{13}$	122.9	122.9	123.1	123.1	123.1	123.1	123.1	123.1
$C_1 - C_6 - O_7$	120.5	120.2	120.5	120.3	120.5	120.3	120.5	120.3
$C_4 - C_5 - O_8$	126.3	126.3	126.3	126.3	126.3	126.3	126.3	126.3
$C_{10} - C_{11} - O_{12}$	126.4	126.4	126.2	126.1	126.2	126.1	126.1	126.1
$C_{10} - C_{11} - O_{13}$	110.7	110.7	110.7	110.7	110.7	110.7	110.7	110.7
$C_{11} - O_{13} - C_{24}$	115.0	115.0	115.6	115.6	115.6	115.7	115.6	115.7
$0_{13} - C_{24} - C_{27}$	-	-	107.5	107.5	107.8	107.8	107.8	107.8
$C_1 - C_2 - C_3$	121.4	121.1	121.4	121.1	121.4	121.1	121.4	121.1
$C_2 - C_3 - C_4$	118.4	118.4	118.4	118.4	118.4	118.4	118.4	118.4
$C_3 - C_4 - C_5$	120.3	120.7	120.3	120.7	120.3	120.7	120.3	120.7
$C_2 - C_1 - C_6$	119.8	120.2	119.8	120.2	119.8	120.2	119.8	120.2
$C_4 - C_3 - C_9$	122.7	118.2	122.7	118.2	122.7	118.2	122.7	118.2
$C_3 - C_9 - C_{10}$	128.2	128.2	128.2	128.2	128.2	128.2	128.2	128.2
$C_9 - C_{10} - C_{11}$	120.1	119.9	120.1	119.9	120.1	119.9	120.1	119.9
$C_{24} - C_{27} - C_{30}$	-	-	-	-	111.9	111.9	112.3	112.3
$C_{27} - C_{30} - C_{33}$	-	-	-	-	-	-	112.9	112.9
$C_5 - O_8 - C_{17}$	118.2	118.2	118.3	118.2	118.3	118.2	118.3	118.2
Dihedral angle (°)	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
$C_4 - C_5 - C_6 - O_7$	180.0	180.0	180.0	180.0	180.0	180.0	180.0	180.0
$C_3 - C_4 - C_5 - O_8$	180.0	180.0	180.0	180.0	180.0	180.0	180.0	180.0
$C_9 - C_{10} - C_{11} - O_{12}$	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
$C_9 - C_{10} - C_{11} - O_{13}$	180.0	180.0	180.0	180.0	180.0	180.0	180.0	180.0
$C_4 - C_5 - O_8 - C_{17}$	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
$0_{12} - C_{11} - 0_{13} - C_{24}$	180.0	180.0	180.0	180.0	180.0	180.0	180.0	180.0
$C_{11} - O_{13} - C_{24} - C_{27}$	-	-	180.0	180.0	180.0	180.0	180.0	180.0
$O_{13} - C_{24} - C_{27} - C_{30}$	-	-	-	-	180.0	180.0	180.0	180.0
$C_1 - C_2 - C_3 - C_4$	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
$C_2 - C_3 - C_4 - C_5$	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
$C_6 - C_1 - C_2 - C_3$	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
$C_5 - C_4 - C_3 - C_9$	180.0	180.0	180.0	180.0	180.0	180.0	180.0	180.0
$C_2 - C_3 - C_9 - C_{10}$	180.0	0.0	180.0	0.0	180.0	0.0	180.0	0.0
$C_3 - C_9 - C_{10} - C_{11}$	180.0	180.0	180.0	180.0	180.0	180.0	180.0	180.0
$C_{24} - C_{27} - C_{30} - C_{33}$	-	-	-	-	-	-	180.0	180.0
	d according to Fig							

^a Atoms are numbered according to Fig. 1.

^b Boltzmann populations of the most stable conformers at 298.15 K.

crease in the (C₁₁–O₁₂) bond length (*d* = 124 pm) coupled to a decrease in (C₁₁–O₁₃) (*d* = 132 pm) are observed. Also, the angles (C₁₀–C₁₁–O₁₂) and (C₁₀–C₁₁–O₁₃) tend for quite smaller in the dimeric species (α = 122°; α = 113°, respectively) (Table 1), due to the formation of intermolecular H-type interactions. Actually, the crystallographic results rely on a model that considers the formation of centrosymmetric dimers for carboxylic acids in the condensed phase, where an eight-membered intermolecular ring is formed through two (O)H…O(=C) hydrogen bonds [40–42]. For this dimeric unit two possible tautomers coexist, interconvertible through a symmetric transition state. This explains the similarity between the crystallographic results and the calculated bond lengths (C₁₁–O₁₂) and (C₁₁–O₁₃), and bond angles (C₁₀–C₁₁–O₁₂)

and $(C_{10}-C_{11}-O_{13})$ for the dimer FA **1**', as well as the difference between these and the corresponding parameters obtained for the monomer FA **1** (Table 1).

The planar conformers **1–4** display ($C_5-C_6-O_7-H_{18}$) and ($C_4-C_5-O_8-C_{17}$) dihedral angles equal to 0°, coupled to an *s-cis* conformation defined by the ($O_{12}-C_{11}-O_{13}-H_{24}$) or ($O_{12}-C_{11}-O_{13}-C_{24}$) dihedrals (FA or the corresponding esters, respectively) (Figs. 2–6, Tables 1 and 2). The most favourable combination of these dihedrals, that characterise the preferential orientation of the hydroxyl and methoxyl groups relative to the aromatic ring, allow a highly stabilising, medium strength intramolecular hydrogen bond to be formed ($d(O)H\cdots O(CH_3) = 207-208$ pm) (Figs. 2–6). Moreover, the *s-cis* conformers are highly favoured, since they enable the minimi-

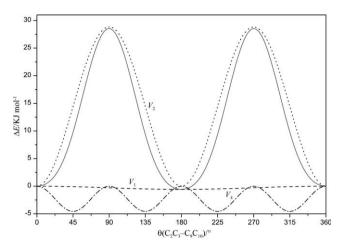


Fig. 7. Optimised conformational energy profiles (B3LYP/6-31G(d,p)) for the internal rotation around the (C_3 - C_9) bond within FA, and its Fourier deconvolutions ($V_1 = -0.6 \text{ kJ mol}^{-1}$, $V_2 = 28.8 \text{ kJ mol}^{-1}$, $V_4 = -4.6 \text{ kJ mol}^{-1}$).

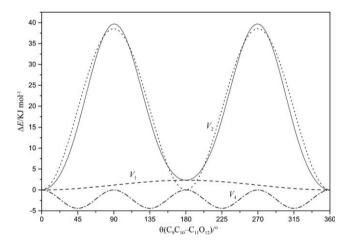


Fig. 8. Optimised conformational energy profiles (B3LYP/6-31G(d,p)), and its Fourier deconvolutions, for the internal rotation around the ($C_{10}-C_{11}$) bond within FA. $V_1 = 2.3$ kJ mol⁻¹, $V_2 = 38.6$ kJ mol⁻¹, $V_4 = -4.4$ kJ mol⁻¹.

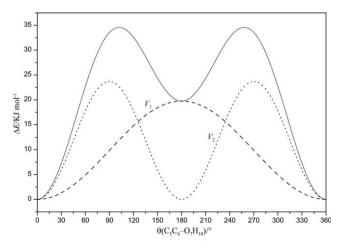


Fig. 9. Optimised conformational energy profiles (B3LYP/6-31G(d,p)), for the internal rotation around the (C_6 - O_7) bond in FA and its Fourier deconvolutions (V_1 = 19.7 kJ mol⁻¹, V_2 = 23.7 kJ mol⁻¹).

sation of steric repulsions, mainly in the ester derivatives. Regarding the length of the alkyl ester group, a *zigzag* conformation is

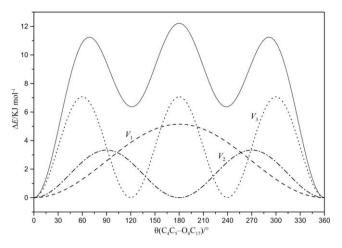


Fig. 10. Optimised conformational energy profiles (B3LYP/6-31G(d,p)) for the internal rotation around the (C_5 - O_8) bond in FA, and its Fourier deconvolutions (V_1 = 5.1 kJ mol⁻¹, V_2 = 3.3 kJ mol⁻¹, V_3 = 7.1 kJ mol⁻¹).

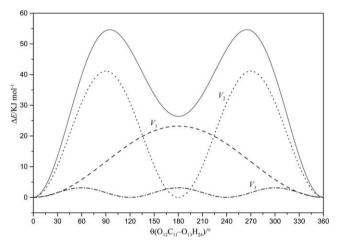


Fig. 11. Optimised conformational energy profiles (B3LYP/6-31G(d,p)) for the internal rotation around the (C_{11} – O_{13}) bond in FA, and its Fourier deconvolutions (V_1 = 23.2 kJ mol⁻¹, V_2 = 41.2 kJ mol⁻¹, V_3 = 3.1 kJ mol⁻¹).

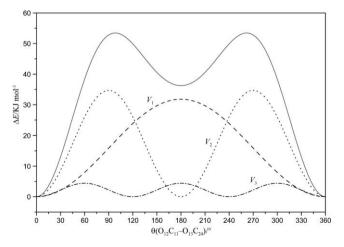


Fig. 12. Optimised conformational energy profiles (B3LYP/6-31G(d,p)) for the internal rotation around the (C_{11} - O_{13}) bond in MF, and its Fourier deconvolution (V_1 = 31.8 kJ mol⁻¹, V_2 = 34.7 kJ mol⁻¹, V_3 = 4.4 kJ mol⁻¹).

adopted in the lowest energy structures, assuming a planar conformation relative to the remaining part of the molecule, with $(C_{11}-$ Table 3

Conformational energy differences, energy barriers and Fourier components (V_n) for the internal rotations around (C_3-C_9), ($C_{10}-C_{11}$) and ($C_{11}-O_{13}$) obtained for FA and its ester derivatives.

	FA	MF	EF	PF	BF
C_9-C_3 internal rotation ^a	$(22\leftrightarrow1)^{\mathrm{b}}$	(2 ↔ 1)	(2 ↔ 1)	(2 ↔ 1)	$(2\leftrightarrow1)$
ΔE	1.0	0.9	0.8	0.8	0.8
Rotational barrier	29.8	27.9	27.8	27.8	27.7
V_1	-0.6	-0.5	-0.5	-0.4	-0.4
V ₂	28.8	28.0	28.0	27.8	27.8
V_4	-4.6	-4.5	-4.5	-4.4	-4.4
C_{10} - C_{11} internal rotation	(3 ↔ 1)	(3 ↔ 1)	(3 ↔ 1)	(3 ↔ 1)	(3 ↔ 1)
ΔE	3.1	3.9	3.7	3.7	3.7
Rotational barrier	40.4	39.3	39.1	39.0	39.0
<i>V</i> ₁	2.3	3.1	2.5	2.5	2.5
V ₂	38.6	36.9	37.1	37.1	37.1
V_4	-4.4	-3.9	-4.4	-4.1	-4.1
C ₁₁ –O ₁₃ internal rotation	(11 ↔ 1)	(13 ↔ 1)	(13 ↔ 1)	(13 ↔ 1)	(13 ↔ 1)
ΔE	25.4	35.8	34.6	34.3	34.4
Rotational barrier	55.4	53.3	51.6	51.4	51.5
<i>V</i> ₁	23.2	31.8	30.6	30.3	30.3
V ₂	41.2	34.7	33.7	33.7	33.8
<i>V</i> ₃	3.1	4.4	4.1	4.1	4.1

^a All values are in kJ mol⁻¹.

^b The numbers refer to the conformers considered in each case, see Figs. 2–6.

 $O_{13}-C_{24}-C_{27}$, $(O_{13}-C_{24}-C_{27}-C_{30})$ and $(C_{24}-C_{27}-C_{30}-C_{33})$ dihedrals equal to 180° (Figs. 2–6, Tables 2).

As expected, the two most stable conformers of the hydroxycinnamic derivatives studied exhibit a *syn* conformation ($\theta(C_9=C_{10}-C_{11}=O_{12}) = 0^\circ$, conformers **1** and **2**), followed by a pair of conformers with an *anti* conformation ($\theta(C_9=C_{10}-C_{11}=O_{12}) = 180^\circ$, conformers **3** and **4**) (Figs. 2–6). The *syn* conformers are the most populated, at room temperature: 49–50% for **1** (the lowest energy geometry), and 34–35% for **2**. As to the *anti* conformers, populations of 10–11% and 4–5% were obtained for **3** and **4**, respectively (Supplementary material, Figs. S1–S5).

4.2. Lateral chain orientation relative to the aromatic ring

Rotational isomerism around (C_3-C_9) gives rise to the energy minima that correspond to conformers **1** (θ (C₂-C₃-C₉- C_{10}) = 180°) and **2** (θ (C_2 - C_3 - C_9 - C_{10}) = 0°) (Figs. 2-6 and Fig. 7). The best fitting was obtained by adding the cosine terms in 180° $(V_1 = -0.4 \text{ to } -0.6 \text{ kJ mol}^{-1})$, 90° $(V_2 = 27.8 - 28.8 \text{ kJ mol}^{-1})$ and 45° $(V_4 = -4.4 \text{ to } -4.6 \text{ kJ mol}^{-1})$ (Fig. 7, Table 3). This conformational behaviour is a consequence of the combination between the resonance effects between the lateral unsaturated chain and the aromatic ring, and the H₁₉-H₁₅/H₁₆ and H₂₀-H₁₅/H₁₆ repulsions. The conformations with lower energy values have a clear preference for planarity, the most favourable one displaying a $(C_2-C_3-C_9-C_9)$ C_{10}) dihedral equal to 180° (the absolute minimum), which is reflected by the slightly negative value of the V_1 term. The cosine term V_2 also represents the stabilisation of these conformations, for which a maximisation of the resonance effect occurs for a $(C_2-C_3-C_9-C_{10})$ dihedral equal to 180° or 0°. The high energy values obtained for the geometries with $(C_2-C_3-C_9-C_{10})$ dihedrals of 90° and 270° is due to a complete break in the conjugation between the vinyl group and the phenyl ring. The V_4 term reflects the steric hindrance between the vinyl H atoms and H₁₅/H₁₆ from the aromatic ring. The lower energy value found for a $(C_2-C_3-C_9-C_9)$ C_{10}) dihedral equal to 45°, 135°, 225° and 315° are due to the minimisation of steric repulsions.

4.3. Orientation of the carboxylic moiety

The energy difference between the *syn* and the *anti* conformations of FA and its ester derivatives lies between 3.1 and 5.0 kJ mol⁻¹ (Figs. 2–6). The energy barrier for the internal rotation

interconverting the *anti* conformer **3** and the most stable *syn* species **4** were obtained for each compound investigated, yielding values between 39.0 and 40.4 kJ mol⁻¹ (Fig. 8, Table 3). The energy profile for the internal rotation (C_{10} – C_{11}) is identical for all the compounds under study, and the largest contribution is represented by the cosine term V_2 (38.6 kJ mol⁻¹, Fig. 8), favouring the planar structures, due to a more effective resonance between the vinyl group and the carboxylic moiety. The smaller contribution of the V_1 term (2.3 kJ mol⁻¹), in turn, reflects the resonance effect between the aromatic ring and the lateral carbon chain, which is energetically unfavourable for an ($C_9=C_{10}-C_{11}=O_{12}$) angle of 180° – *anti* conformer. The higher stability found for the *syn* geometries relative to the *anti* ones can be explained by the planar *zigzag* arrangement from the aromatic ring to the terminal hydroxyl or al-kyl ester groups, which is not possible in the *anti* conformer.

The V_4 term (-4.4 kJ mol⁻¹) favours the conformations with a $(C_9 = C_{10} - C_{11} = O_{12})$ dihedral equal to $(45^\circ + n90^\circ)$ n = 0, 1, 2, 3, andappears to evidence the importance of the inductive effect due to the carboxylic group (Fig. 8). In fact, this effect is transmitted through space and determined by electrostatic forces (field effect). The interconversions between $A \rightarrow B$ ($\theta(C_9 = C_{10} - C_{11} = O_{12}) = 0^\circ$ to 45°) and $C \rightarrow D(\theta(C_9 = C_{10} - C_{11} = O_{12}) = 180^{\circ} - 135^{\circ})$ through the $(C_{10} - C_{11})$ internal rotation (Fig. 13) cause a monodirectional redistribution of the electron density, respectively: O_{12} (-0.495 \rightarrow -0.473; -0.493 \rightarrow -0.474), O_{13} ($-0.507 \rightarrow -0.487$; $-0.509 \rightarrow -0.484$), C_{10} ($-0.147 \rightarrow$ -0.123; $-0.151 \rightarrow -0.131$), C_{11} (0.561 $\rightarrow 0.515$; 0.571 $\rightarrow 0.524$), H_{19} $(0.121 \rightarrow 0.112; 0.118 \rightarrow 0.108)$, and H₂₀ $(0.094 \rightarrow 0.101; 0.097 \rightarrow 0.101; 0.001; 0.001; 0.001; 0.001; 0.001; 0.001; 0.001; 0.001; 0.001; 0.001; 0.001; 0.001; 0.001; 0.001; 0.001; 0.001; 0.001; 0.001$ 0.104). No changes were observed in the charge on C₉ (directly linked to the ring) and on the terminal H₂₄ atoms. Consequently, the stability of the conformations displaying these particular dihedrals was ascribed to a weak electrostatic interaction between H₁₉ and/or H₂₀ and the oxygen lone pairs. This stabilisation is responsible for a widening of the total rotational energy profile (Fig. 8). For the other geometries considered, corresponding to anti and syn conformers, respectively, it may be assumed that a repulsive interaction occurring between the two oxygen lone pairs and the π -electrons of the (C=C) bond lead to a destabilisation, that is more significant for the planar structures

4.4. Relative orientation of the hydroxyl and methoxyl groups

Conformers displaying $(C_5-C_6-O_7-H_{18})$ and $(C_4-C_5-O_8-C_{17})$ dihedral angles equal to 180° and 0°, respectively, were found to

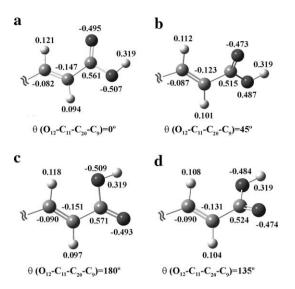


Fig. 13. Schematic representation of the orientations considered for the carboxylic moiety of FA (B3LYP/6-31G(d,p)): $\theta(C_9-C_{10}-C_{11}-O_{12}) = 0^{\circ}$ (*syn*) (a), 45° (b), 180° (*anti*) (c), 135° (d). (The atomic Mulliken charges are represented).

be quite energetic (*e.g.* conformer **1** *vs.* **5**, Figs. 2–6), since stabilising intramolecular hydrogen bond between (O)H and O(CH₃) cannot occur and there is a considerable H_{18} – H_{14} steric repulsion (d = 229 pm for geometries with $\theta(C_2-C_3-C_9-C_{10}) = 180^\circ$, *e.g.* conformer **5**; d = 228 pm for conformers with $\theta(C_2-C_3-C_9-C_{10}) = 0^\circ$, *e.g.* conformer **6**) (Figs. 2–6). In addition, for those conformations displaying an OH group coplanar with the aromatic ring, this H–H steric hindrance was found to induce a widening of the (C_1 – C_6-O_7) angle ($\alpha = 120.5^\circ$ *vs.* 123.6°, *e.g.* conformer **1** *vs.* **5**, Figs. 2–6).

The minimum energy geometries resulting from a dihedral (C₅–C₆–O₇–H₁₈) equal 180° or 0°, have conformational relative energies between 18.3 and 19.4 kJ mol⁻¹ (*e.g.* conformer **2** *vs.* **6**, Figs. 2–6). A Fourier analysis of the (C₆–O₇) internal rotation, associated to the orientation of the phenolic hydroxyl group relative to the ring, reflects a clear preference for planarity, owing to the predominant stabilising contribution represented by the cosine term V₂ (23.7 kJ mol⁻¹) (Fig. 9). The positive contribution of the V₁ term (19.7 kJ mol⁻¹) also favours a (C₄–C₃–C₉–C₁₀) dihedral of 0°, the maximum at 180° being the result of a destabilising steric hindrance between the hydroxyl H₁₈ and the aromatic H₁₄ atoms (Figs. 2–6 and Fig. 9). Therefore for all the compounds studied, the stability of these conformers is mainly due to the formation of intramolecular (O)H…O(CH₃) interactions, and an effective π -electron delocalisation, favoured for planar geometries.

Minimum energy conformations displaying $(C_4-C_5-O_8-C_{17})$ and $(C_5-C_6-O_7-H_{18})$ dihedrals equal to 120° and 180°, respectively, were also found. These non-planar geometries (e.g. conformer 8, Figs. 2-6) were verified to be less energetic as compared to the ones with a $(C_4-C_5-O_8-C_{17})$ angle of 180°, for which the O₇ atom lies equidistant to both H_{21} and H_{22} (d = 251 pm), yielding a bifurcated weak hydrogen bond. In order to better understand these results, a scanning of the rotation around the (C_5-O_8) bond and the corresponding Fourier deconvolutions were performed for FA (Fig. 10). From the analysis of this Fourier profile it was verified that the absolute maximum, occurring for $(C_4-C_5-O_8-C_{17})$ equal to 180°, comprises contributions from V_1 (5.1 kJ mol⁻¹) and V_3 $(7.1 \text{ kJ mol}^{-1})$, reflecting the steric repulsion between H₁₄ and $(O)H_{18}$ and the formation of a $(O_7 \cdots H_{21/22})$ hydrogen bond, respectively. Furthermore, the most stable structure arises for (C₄-C₅- O_8-C_{17}) equal to 0° (conformer 5), evidencing a preference for planarity which allows an extensive conjugation within the molecule, the term V_2 (3.3 kJ mol⁻¹) being the main responsible for stabilisation of these conformations. In turn, the geometrical preferences for the local minimum with a $(C_4-C_5-O_8-C_{17})$ dihedral of 120° (*e.g.* conformer **8**, Figs. 2–6) are due to the formation of a directional stabilising hydrogen bond $(d(O_7 \cdots H_{21}) = 238/9 \text{ pm}, \text{ Figs. 2–6})$, which is represented by the cosine term V_3 (Fig. 10).

4.5. s-cis and s-trans conformations

The conformers obtained for ferulic acid and its ester derivatives displaying either the H₂₄ atom or the ester chain in an s-trans orientation relative to the carbonyl oxygen ($\theta(O_{12}-C_{11}-O_{13}-H_{24})$ C_{24}) = 180°) were found to give rise to highly energetic species when compared to the correspondent s-cis conformations (Supplementary material, Figs. S1-S5). This destabilisation is mainly due to the occurrence of steric repulsions between the two nearest hydrogen atoms of the vinyl group and the hydrogen of the carboxvlic acid, or the hydrogen atoms of the alkyl ester moiety. (e.g. FA 1 vs. FA 11, Fig. 2; conformer 1 vs. 13, for the ferulates, Figs. 3-6). Considering the Fourier components of the corresponding potential-energy profiles, this highly destabilising effect is represented by the cosine term V_1 (23.2 kJ mol⁻¹ for FA, Fig. 11; 30.3– 31.8 kJ mol⁻¹ for the ferulates, Fig. 12 and Table 3), being predominant for the esters, due to the presence of the bulkier alkyl groups. Regarding the s-cis conformers, stabilisation is mainly attributed to resonance effects, mostly comprised in the term V_2 (41.2 kJ mol⁻¹ for FA; 33.7–34.7 kJ mol⁻¹ for the ferulates, Figs. 11 and 12, Table 3), being more relevant for the acid as compared to its ester counterparts. In order to attain a more effective π -electron delocalisation, the $(C_{10}-C_{11})$ and $(C_{11}-O_{13})$ bonds become slightly shorter when compared to the corresponding s-trans conformers. Moreover, when considering the s-cis to s-trans conversion the negative inductive effect of the electron withdrawal COOH or $COO(CH_2)_n(CH_3)$ groups must also be taken into account, and this is reflected by the less energetic term V_3 (3.1 kJ mol⁻¹ for FA; 4.1–4.4 kJ mol⁻¹ for the ferulates, Figs. 11 and 12, Table 3). This is less significant for the s-trans conformations than for the s-cis ones, and an electrical charge redistribution along the $(C_9-C_{10} C_{11}-O_{12}-O_{13}-H_{24}/C_{24}$ skeleton occurs upon an s-trans to s-cis rearrangement (Supplementary material, Fig. S6).

The highest energy conformers obtained for these systems result from a combination of a $(O_{13}-C_{11}-C_{10}-C_9)$ dihedral equal to 180° (s-*trans* geometries), and an out-of-plane H₂₄ atom (in the acid) or alkyl ester chain (*e.g.* conformer **20**, Figs. 2–6).

4.6. General considerations

Firstly, it was verified that for all the presently calculated conformers a change in the $(C_4-C_3-C_9-C_{10})$ dihedral from 0° to 180° induces a small difference in their overall conformational energy ($\Delta E = 0.4-2.1$ kJ mol⁻¹, e.g. FA **1** vs. FA **2**; MF **7** vs. MF **9**; EF **7** vs. EF **10**; PF **3** vs. PF **4**; BF **11** vs. BF **12**), this geometrical parameter thus being the one that less contributes to the destabilisation of the π -conjugated system. Also, the energetic difference between the *syn* and *anti* conformers, which are defined by the ($C_9=C_{10}-C_{11}=O_{12}$) dihedral, lies between 3.1 and 5.0 kJ mol⁻¹ (*e.g.* FA **1** vs. FA **3**, MF **2** vs. MF **4**, EF **5** vs. EF **7**, PF **9** vs. PF **12** and BF **6** vs. BF **10**) (Figs. 2–6).

Regarding the orientation of the hydroxyl and methoxyl ring substituents, the most favourable ones correspond to $(C_5-C_6-O_7-H_{18})$ and $(C_4-C_5-O_8-C_{17})$ equal to 0°, since this allows the formation of a stabilising medium strength intramolecular (O)H…O(CH₃) interaction, contributing to a stability increase of these hydroxy-cinnamic derivatives (*e.g.* FA **1**, MF **2**, EF **5**, PF **9** and BF **1**, Figs. 2–6). The internal rotation defined by the $(C_5-C_6-O_7-H_{18})$ dihedral $(0^\circ-180^\circ)$ yielded conformers with a similar relative energy $(\Delta E = 18.3-19.4 \text{ kJ mol}^{-1})$. The ones displaying a dihedral equal

to 180° are favoured and exhibit an OH group coplanar with the ring and a wider $(C_1 - C_6 - O_7)$ angle relative to the ones displaying a dihedral equal to 0°, as a result of the repulsive effects between H₁₈ and the aromatic H₁₄ (e.g. FA 1 vs. FA 5, MF 2 vs. MF 6, EF 3 vs. EF 7, PF 4 vs. PF 10 and BF 13 vs. BF 16, Figs. 2-6). In addition, the energy minima with $(C_5-C_6-O_7-H_{18})$ and $(C_4-C_5-O_8-C_{17})$ equal to 180° and 120°, respectively, were found to display the most unfavourable orientations of the ring substituent. The main factors responsible for this destabilisation are the deviation from planarity and the steric hindrance between $(C)H_{14}$ and $(O)H_{18}$. In turn, these conformers are mainly stabilised by an H-bond interaction $(d(O_7 \cdots H_{21}) = 238/9 \text{ pm}, \text{ Figs. } 2-6)$ which was found to be stronger than the bifurcated weak H-bond between O₇ and the methoxyl H_{21} and H_{22} atoms ($d(O_7 \cdots H_{21/22}) = 251 \text{ pm}$) that would occur for $(C_4-C_5-O_8-C_{17})$ equal to 180°. Therefore, these geometries give rise to an energy difference between 3.8 and 5.2 kJ mol⁻¹ relative to the ones with $(C_5 - C_6 - O_7 - H_{18})$ and $(C_4 - C_5 - O_8 - C_{17})$ equal to 180° and 0°, respectively (e.g. FA 5 vs. FA 8, MF 6 vs. MF 9, EF 7 vs. EF 11, PF 10 vs. PF 12 and BF 16 vs. BF 18, Figs. 2-6).

Furthermore, it may be concluded for all the compounds studied that a $(O_{12}-C_{11}-O_{13}-H_{24}/C_{24})$ dihedral equal to 0°, corresponding to s-trans conformations, is the most destabilising parameter. The high energy values obtained for these conformers arise from a strong steric hindrance between H_{19}/H_{20} and H_{24} (for FA) or the H atoms from the ester alkyl moiety. Moreover, resonance and inductive effects should be considered for the s-cis to s-trans interconversion, as a result of the $(C_{11}-O_{13})$ rotation, the former being more pronounced for the acid. The (s-trans)-(s-cis) energy difference was calculated to be between 24.8 and 25.4 kJ mol⁻¹ for FA (e.g. FA 1 vs. FA 11) and between 33.6 and 36.2 kJ mol⁻¹ for the ferulates (e.g. MF 2 vs. MF 13, EF 3 vs. EF 15, PF 6 vs. PF 16, and BF 9 vs. BF 18, Figs. 2–6). Finally, the anti geometries displaying an s-trans orientation of the COOR group were found to give rise to saddle points in the potential-energy surface, except when the COOR group deviates from planarity, in which case highly energetic conformers were obtained (ΔE higher than 70 kJ mol⁻¹, Supplementary material, Figs. S1-S5; e.g. FA 19, MF 17, EF 21, PF 20 and BF 19. Figs. 2-6).

5. Conclusions

In general, the structural preferences of FA and its alkyl ester derivatives were found to be identical. The most stable molecular structures obtained for this cinnamic acid and the esters investigated display the hydroxyl and methoxyl groups coplanar to the aromatic ring $(\theta(C_5-C_6-O_7-H_{18})/(C_4-C_5-O_8-C_{17}) = 0^\circ)$, presenting either a $(C_2-C_3-C_9-C_{10})$ dihedral equal to 0° and 180° or a *syn or anti* conformation, coupled to an *s-cis* conformation defined by the $(O_{12}-C_{11}-O_{13}-H_{24}/C_{24})$ dihedral. Concerning the length of the alkyl ester group, a *zigzag* conformation is adopted, coplanar with the cinnamic moiety. Therefore, the conformational behaviour of the resulting planar structures seems to be mainly determined by a balance between the stabilising resonance and hydrogen bonding effects and the destabilising non-bonding repulsions.

The present results are in perfect agreement with the ones obtained for cinnamic acid [43] and its analogues, such as hydroxycinnamic acid and its ester or amide derivatives [44–49]. In particular, the conformational preferences of naturally occurring hydroxycinnamic acids differing in the ring substitution pattern is strongly dependent on the number, type and relative orientation of these substituents (hydroxyl and/or methoxyl groups). Actually, studies carried out for *p*-coumaric (4-hydroxycinnamic acid), caffeic (3,4-dihydroxycinnamic acid) [47], ferulic (4-hydroxy-3-methoxycinnamic acid), sinapic (4-hydroxy-3,5-dimethoxycinnamic acid) and 3,4,5-trihydroxycinnamic acids [48] reveal some important differences in these geometrical parameters which may influence their biological (e.g. antioxidant) activity [50-56]. The most stable conformers found for mono- and tri-substituted cinnamic acids display an identical orientation of the hydroxyl/methoxyl groups (except when a strong steric hindrance is involved, namely in sinapic acid) coupled to a syn conformation relative to the carbonyl group. In turn, the disubstituted ones present the same orientation of the ring hydroxyl/methoxyl groups, but opposed relative to the carbonyl group (anti). However, both geometries should be taken into consideration for structural, chemical and biological studies regarding hydroxycinnamic acids since they are the most populated ones at room temperature. In di- and tri substituted compounds a stabilising intramolecular H-bond is formed, which is known to be energetically favourable in this kind of phenolic systems [44-49,57], and is therefore essential for the interpretation of their structure-activity relationships (SAR's).

From the analysis of the conformational results reported for cinnamic acids and their ester derivatives it can be concluded that the additional degrees of freedom introduced by esterification are mainly reflected in the internal rotation around the $(C_{11}-O_{13})$ bond, defining either an *s*-*cis* or an *s*-*trans* conformation, which showed to be the most destabilising factor for these phenolic systems. As expected, esterification affects mainly the energy barrier corresponding to the (O=)C–OR internal rotation. Furthermore, the deviations from planarity of the COOR group (R=H or (CHR₂)_n(CH₃), n = 0, 1, 2, 3), were only found for the *s*-*trans* conformers, as a consequence of a strong steric hindrance. Also, regarding the hydroxycinnamates, it can be concluded that their overall stability is influenced by the same factors, presenting similar structural preferences.

This information is essential for an accurate interpretation of numerous biochemical functions known to these compounds, namely antioxidant and antineoplasic properties, leading to the establishment of structure–property–activity relationships (SPAR's) and therefore allowing to develop new and more effective chemopreventive/chemotherapeutic phenolic agents.

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Appendix A. Supplementary data

Supplementary data associated with this article can be found, in the online version, at doi:10.1016/j.theochem.2009.07.032.

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