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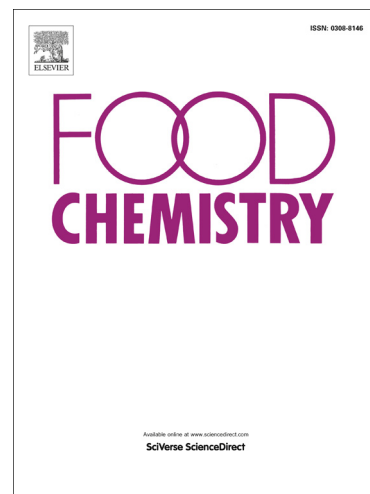
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**Simple electrochemical sensor for caffeine based on carbon and Nafion-
modified carbon electrodes**

A. Carolina Torres, Madalina M. Barsan, Christopher M.A. Brett*

*Departamento de Química, Faculdade de Ciências e Tecnologia,
Universidade de Coimbra, 3004-535 Coimbra, Portugal*

Corresponding author:

Tel: +351-239854470

FAX: +351-239827703

E-mail: brett@ci.uc.pt

23

24 **Abstract**

25 A simple, economic, highly sensitive and highly selective method for the detection of caffeine
26 has been developed at bare and Nafion-modified glassy carbon electrodes (GCE). The
27 electrochemical behavior of caffeine was examined in electrolyte solutions of phosphate
28 buffer saline, sodium perchlorate, and in choline chloride plus oxalic acid, using analytical
29 determinations by fixed potential amperometry, phosphate buffer saline being the best.
30 Modifications of the GCE surface with poly(3,4-ethylenedioxythiophene) (PEDOT), Nafion,
31 and multi-walled carbon nanotubes were tested in order to evaluate possible sensor
32 performance enhancements, Nafion giving the most satisfactory results. The effect of
33 interfering compounds usually found in samples containing caffeine was examined at GCE
34 without and with Nafion coating, to exclude interferences, and the sensors were successfully
35 applied to determine the caffeine content in commercial beverages and drugs.

36

37 **Keywords:** caffeine; glassy carbon; Nafion coating; modified electrodes; food analysis

38

39 **1. Introduction**

40 Caffeine (3,7-dihydro-1,3,7-trimethyl-1H-purine-2,6-dione or 1,3,7 -trimethylxanthine) is the
41 active alkaloid component, together with other trace purines, of coffee, cola nuts, cocoa
42 beans, tea leaves, yerbamate, guarana berries, amongst many varieties of plants, in which it
43 acts as a natural pesticide (Clark, 1985). Caffeine is also the most pervasive drug in modern
44 society, a constituent of coffee and tea and is added to many soft drinks. Even though some
45 drugs containing caffeine together with other active substances have been discontinued, due to
46 lack of evidence of the therapeutic utility of its association with other active components or
47 because some associations have been found to have unwanted effects, caffeine is still used in
48 the pharmacological preparation of analgesics (Derry C., Derry S., & Moore, 2012), diet aids
49 (Westerterp-Plantenga, Lejeune, & Kovacs, 2005), and cold/flu remedies. Ingested caffeine
50 undergoes extensive biotransformation in humans, and generates at least 17 detectable urinary
51 metabolites, including theobromine (3,7-dimethylxanthine), paraxanthine (1,7-
52 dimethylxanthine), theophylline (1,3-dimethylxanthine) and 1,3,7-trimethylurate (Nakajima,
53 et al., 1994).

54 Caffeine is a stimulant of the central nervous system, affecting alertness and wakefulness
55 (Nehling, Daval, & Debry, 1992). It also acts as a vasoconstrictor, increasing blood pressure
56 (James, 2004), stimulating gastric secretion (Boekema, et al., 1999) and increasing respiration
57 cycles, but may also cause emesis and dehydration, being a powerful diuretic (Maughan, &
58 Griffin, 2003). It can mobilize calcium from cells leading to bone mass loss (Heaney, 2002)
59 and is considered a risk factor for cardiovascular diseases (Nehling, Daval, & Debry, 1992).

60 The development of reliable methods for the evaluation and quantification of caffeine in real
61 samples is thus an active field of research. Among the different methods that have been
62 developed, the more advantageous are chromatographic (Srdjenovic, et al., 2008). However,

63 they are generally expensive and require sample purification, so that simple, cheap and faster
64 methods are being investigated. Some recent electrochemical detection methods for caffeine
65 have been reported. These include using boron-doped diamond electrodes (BDD) (Švorc, et
66 al., 2012), Nafion-modified BDD (Martínez-Huitle, et al., 2010), cathodically-pretreated BDD
67 electrodes (Lourenção, et al., 2009), 1,4-benzoquinone or molecularly imprinted polymer
68 modified carbon paste electrodes (Aklilu, Tessema, & Redi-Abshiro, 2008; Alizadeh, et al.,
69 2010), Nafion/carbon nanotube (Yang, et al., 2010; Zhang et al., 2011) or Nafion/graphene
70 modified electrodes (Sun, et al., 2011, Zhao, et al., 2011), carbon fibre ultramicroelectrodes
71 (Nunes, & Cavaleiro, 2012), and polymer modified glassy carbon electrodes (GCE) (Amare,
72 & Admassie, 2012). One report appeared on caffeine detection at a Nafion-modified glassy
73 carbon electrode, the Nafion being used to both decrease the caffeine oxidation potential, so
74 as not to overlap with oxygen evolution, and increase electrode sensitivity (Brunetti,
75 Desimoni, & Casati, 2007). The benefits of using Nafion in electrode modification for more
76 sensitive caffeine detection when carried out in sulphuric acid solution have been attributed
77 mainly to pre-concentration in the Nafion polymer layer (Brunetti, Desimoni, & Casati, 2007;
78 Martínez-Huitle, et al., 2010).

79 This paper reports the use, for the first time, of bare GCE and Nafion-coated GCE for the
80 determination of caffeine, Nafion being used mainly to avoid the influence of negatively
81 charged interferences in real samples. The effect of pH on both peak current and peak potential
82 led to the proposal of a new oxidation mechanism and to choice of the optimal pH for sensor
83 operation. The usefulness of this fast, simple and practical analytical method is demonstrated
84 in caffeine detection in a number of commercial beverages and drugs.

85

86

87 **2. Experimental**88 *2.1 Reagents and solutions*

89 Caffeine was purchased from Sigma-Aldrich and fresh solutions of 0.10 M caffeine were
90 prepared daily in water. The phosphate buffer saline solution (PBS) was constituted by di-
91 sodium hydrogen phosphate (Na_2HPO_4), monobasic sodium phosphate (NaH_2PO_4), and
92 sodium chloride (NaCl), purchased from Sigma-Aldrich. Nafion (5 % v/v) was from Aldrich.
93 Choline chloride ($\text{C}_5\text{H}_{14}\text{ClNO}$) was purchased from Sigma and sodium perchlorate
94 monohydrate (NaClO_4) was obtained from Merck. Buffer solutions employed had pH values
95 from 3.0 up to 9.9. Buffer electrolyte solutions, 0.1 M, pH 3, 4, 5 were prepared by mixing
96 $\text{HAcO} + \text{NaAcO}$, pH 6, 7, 8 from $\text{NaH}_2\text{PO}_4 + \text{Na}_2\text{HPO}_4$ and pH 9 and 9.9 from
97 $\text{NaHCO}_3 + \text{NaOH}$.

98 The monomer 2,3-dihydrothieno[3,4-b]-1,4-dioxin (EDOT) was from Aldrich. The solution
99 used for the EDOT polymerisation contained 0.01 M of monomer dissolved in 0.1 M 4-
100 styrenesulfonic acid sodium salt hydrate (NaPSS) (Aldrich).

101 Multi-walled carbon nanotubes (MWCNT) were purchased from NanoLab, USA.

102 Ascorbic acid, glucose, sucrose and fructose used in interference tests were purchased from
103 Sigma, citric acid from Merck and sucrose from Panreac.

104 All chemicals were of analytical grade and used without further purification. Solutions were
105 all prepared with Millipore Milli-Q nanopure water (resistivity $\geq 18 \text{ M}\Omega \text{ cm}$).

106 Experiments were performed at room temperature, $25 \pm 1^\circ\text{C}$.

107

108

109 *2.2 Electrochemical measurements and apparatus*

110 A one-compartment 10 mL electrochemical cell contained a 2 mm diameter (geometric area
111 0.031 cm^2) glassy carbon electrode (GCE) as working electrode, a platinum wire auxiliary
112 electrode and a saturated calomel electrode (SCE) as reference.

113 Electrochemical measurements were performed using a computer-controlled μ -Autolab Type
114 II potentiostat/galvanostat (Metrohm-Autolab, Utrecht, Netherlands) running with GPES
115 (General Purpose Electrochemical System) for Windows version 4.9 software.

116 The pH-measurements were done with a CRISON 2001 micro pH-meter.

117

118 *2.3 Preparation of the modified GCE*

119 The GCE surface was cleaned by polishing with diamond spray 1- μm particle size (Kemet
120 International, UK) on a polishing cloth.

121 *2.3.1 Electropolymerisation of EDOT*

122 For electropolymerisation of EDOT, a 0.01M monomer solution was freshly prepared by
123 dissolving the monomer in 0.10 M NaPSS, heating until complete monomer dissolution.

124 EDOT was electropolymerised by potential cycling between -0.6 and $+1.2$ V vs. SCE for 10
125 cycles at a scan rate of 50 mV s^{-1} , a procedure optimised previously (Kahkhi, et al., 2012).

126 PEDOT films were allowed to dry in air at room temperature, for at least 24 h, before use.

127 *2.3.2. Modification with Nafion*

128 A solution of 0.25% w/v Nafion was prepared by dissolving the required volume of
129 Nafion[®](5% w/v) in ethanol solution. A volume of 2 μL of this solution was dropped on top
130 of the GCE and allowed to dry for at least 1 h. The modified electrode was then used directly,

131 or a volume of 1 μL of 99.5% w/v dimethylformamide (DMF) was dropped on top of the
132 Nafion/GCE. In this case, the electrode was then allowed to dry for a further 1 h.

133 2.3.3. Modification with MWCNT

134 A mass of 60 mg of MWCNT was stirred in 10 mL of a 5 M nitric acid solution for 24 h. The
135 solid product was collected, filtered and washed several times with pure water until the filtrate
136 solution became pH 6.0. The activated MWCNTs obtained were then dried in an oven at
137 100 $^{\circ}\text{C}$ for 24 h.

138 For the dispersion of MWCNT, an aqueous solution of 1% (v/v) acetic acid was prepared in
139 which chitosan was dispersed by agitation during 2 h to obtain a 1% (w/v) chitosan solution.
140 The functionalised MWCNTs were dissolved in this chitosan solution, with a loading of 1%
141 w/v of MWCNT. The dispersion was then immersed in an ultrasound bath for 2 h, to ensure a
142 homogeneous mixture. The surface of the GCE was modified with the MWCNT dispersion,
143 by drop-casting, and left to dry for 24 h before use.

144

145 2.4. Sample preparation

146 The samples used for the determination of caffeine, 3 different pharmaceutical preparations
147 and 3 different types of beverages, were purchased locally.

148 Tablets of Ilvico[®], Gurosan[®] and Dolviran[®], as well as a sachet of Nescafé[®], were diluted in
149 water; the corresponding molar concentrations of these solutions were calculated and then a
150 chosen volume of each directly added to the measurement cell. The beverages were used as
151 purchased, without any other preparation, a chosen amount of each being added to the cell.

152

153 3. Results and discussion

154 The voltammetric behaviour of caffeine was investigated at bare GCE, in three different
155 electrolyte solutions, in order to choose the best medium. Following this, several sensor
156 architectures involving surface modification with PEDOT, Nafion or MWCNT were tested in
157 order to choose the electrode configuration with the best analytical properties. The reason for
158 choosing these three modifiers will be given below in Section 3.2. The effect of interfering
159 compounds on the sensor response to caffeine was assessed and measurements in commercial
160 samples of beverages and drugs were carried out.

161

162 *3.1. Evaluation of different media on sensor sensitivity*

163 The voltammetric behaviour of caffeine at the bare GCE was first examined by cyclic
164 voltammetry (CV). The CV scan presents an anodic peak at a high potential around +1.25 V
165 vs SCE, and the absence of a cathodic peak on the reverse scan, indicating that the oxidation
166 is irreversible, see Fig. 1.

167 The electrochemical behavior of caffeine may be influenced by the nature of the electrolyte
168 solution. In order to evaluate the effect of different media on the sensor response, phosphate
169 buffer saline, sodium perchlorate, and choline chloride solutions were tested and the
170 analytical parameters in these media were obtained. Differential pulse voltammetry (DPV), a
171 more sensitive analytical voltammetric technique than CV, was used to construct calibration
172 curves, first in 0.1 M NaPBS pH 7.0 buffer solution since it mimics the medium of biological
173 samples, such as serum. DPV scans for increasing concentrations of caffeine are presented in
174 Fig. 2a with the corresponding calibration curve in inset. The optimum DPV conditions were
175 found to be: 4 mV step potential, amplitude of 25 mV, scan rate 10 mV s⁻¹ (data not shown),
176 chosen to be applied in all further experiments. The sensitivity of the sensor was 170±7 μA
177 cm⁻² mM⁻¹ (RSD 4.2%, n=6) and the detection limit 38.9±3.7 nM (RSD 9.5%, n=6).

178 The second solution tested was sodium perchlorate, which has oxidizing properties and is
179 extremely soluble, even in organic solvents (Urbansky, 1998). Some previously reported
180 caffeine sensors operated in perchloric acid media (Alizadeh, et al., 2010; Švorc, et al., 2012).
181 DP voltammograms in 0.1 M NaClO₄, pH 5.9 and the corresponding calibration curve are
182 shown in Fig. 2b. The sensor sensitivity was $102 \pm 6 \mu\text{A cm}^{-2} \text{mM}^{-1}$ (RSD 5.6%, $n=3$), lower
183 than in 0.1 M NaPBS pH 7.0 and the detection limit was higher being $118 \pm 8 \text{ nM}$ (RSD 6.8%,
184 $n=3$). Furthermore, no complexes are formed in solution, since the sensor exhibits a linear
185 increase in peak current with increasing concentration of caffeine.

186 Choline chloride (ChCl), a quaternary amine salt, which dissociates in water into the
187 corresponding positively charged quaternary hydroxyl alkylammonium ion and Cl⁻, was also
188 tested. ChCl mixed together, in certain ratios, with organic acids, acting as proton donors,
189 such as oxalic, phthalic and formic acids are considered to be deep eutectic solvents, and have
190 been used in sensor applications, also being successfully applied in metal electrodeposition
191 e.g. (Golgovici, & Visan, 2012). A solution of 0.05 M ChCl + 0.05 M oxalic acid was
192 therefore chosen to evaluate sensor caffeine sensitivity. DP voltammograms for increasing
193 caffeine concentrations are shown in Fig. 2c, the sensor exhibiting a sensitivity of 151 ± 7
194 (RSD 4.5%, $n=3$) $\mu\text{A cm}^{-2} \text{mM}^{-1}$ which is higher than in perchlorate solution, but lower than
195 in 0.1 M NaPBS, and with a detection limit of $60.0 \pm 4.9 \text{ nM}$ (RSD 8.2%, $n=3$).

196 In all media the DP calibration plot of caffeine is linear up to at least 7.0 mM caffeine, the
197 highest concentration tested. The highest sensitivity and lowest detection limit were found in
198 0.1 M NaPBS pH 7.0 solution, which was thus chosen for further studies.

199

200 *3.2. The influence of different surface modifications on sensor performance*

201 Different GCE surface modifications were done in order to assess possible enhancements of
202 sensitivity of the caffeine sensor, namely PEDOT, Nafion and MWCNT, using DP
203 voltammetry.

204 PEDOT conducting polymer is very attractive for use in sensors due to its high conductivity
205 and good stability under ambient conditions (Crispin, et al., 2006). Electropolymerisation of
206 EDOT was carried out by potential cycling from a solution containing 0.01 M EDOT
207 dissolved in 0.1 M NaPSS, as in (Kakhki, et al., 2012). The caffeine sensor sensitivity using
208 PEDOT/GCE was almost three times lower, $57.6 \pm 3.4 \mu\text{A cm}^{-2} \text{mM}^{-1}$ (RSD 5.9%, $n=3$), than
209 with bare GCE and the detection limit was higher, being $116 \pm 6 \text{ nM}$ (RSD 4.9%, $n=3$). One of
210 the possible justifications for the decrease in sensor sensitivity is the positive potentials
211 needed that can cause over-oxidation and deterioration of the polymer.

212 Nafion is normally used to enhance sensor selectivity by electrostatic repulsion of unwanted
213 species, especially anions, as well as minimising adsorption. Nafion/GCE as well as
214 DMF/Nafion/GCE were prepared, DMF being used as a stabilizer of Nafion films (Gouveia-
215 Caridade & Brett, 2005). DMF decreased the response to caffeine slightly so it was decided to
216 use Nafion alone. The sensitivity, 176 ± 8 (RSD 4.6%, $n=3$), was the same as at the bare GCE
217 ($170 \pm 7 \mu\text{A cm}^{-2} \text{mM}^{-1}$), but the detection limit, of $128 \pm 6 \text{ nM}$ (RSD 4.8%, $n=3$), was
218 significantly higher. In this pH 7.0 phosphate buffer, there was no increase in the signal in the
219 presence of Nafion as had been observed by (Brunetti, Desimoni, & Casati, 2007; Martínez-
220 Huitle, et al., 2010) in sulphuric acid solution, which they attributed to pre-concentration of
221 caffeine in the polymer layer. Nevertheless, coating with Nafion/GCE can be important to
222 reduce interferences, for example in the measurement of caffeine in commercial samples in
223 which the amounts are well above the detection limit, where the presence of ascorbate
224 interferes in the detection of caffeine at the bare GCE (see Section 3.7).

225 Experiments were also performed with MWCNT-modified GCE in order to evaluate possible
226 sensitivity enhancement, but such a sensor could only measure caffeine in very acidic
227 solutions of 0.1 M H₂SO₄ pH 1.1, as occurred in (Yang, et al., 2010) when the pH was 2.0,
228 and displayed a non-linear response, the main reason probably being adsorption of caffeine
229 inside the MWCNT structure.

230 As conclusion, the unmodified GCE exhibited the best analytical properties, the use of
231 Nafion/GCE being advised when the sensor is used to detect caffeine in real samples
232 containing ascorbate, in order to reduce its interference.

233 *3.4. Influence of solution conditions on caffeine oxidation at GCE*

234 The influence of pH on the oxidation peak potential and peak current of caffeine was
235 investigated in buffer electrolyte solutions in the pH range from 3.0 to 9.9, all containing 0.5
236 mM caffeine.

237 Differential pulse voltammograms showed only a slight dependence on pH, as observed in
238 previous work at carbon electrodes (Mersal, 2012) with a peak potential of around +1.30 V
239 vs. Ag/AgCl. The value of the DPV half peak width, $\Delta E_{p/2}$, was found to be between 95 and
240 115 mV and values of $E_p - E_{p/2}$, extracted from cyclic voltammograms at different scan rates,
241 shown in Fig.3a, were between 60 and 70 mV. Thus it can be deduced that 2 electrons are
242 involved in the first step. The full oxidation mechanisms involves two oxidation steps, the
243 second being a 2e⁻ 2H⁺ oxidation, involving overall 4 e⁻ and 4 H⁺ (Nunes, & Cavaleiro,
244 2012; Mersal, 2012; Spataru, et al., 2002; Sun, et al., 2011).

245 The peak current value is slightly influenced by the pH value of the solution, increasing from
246 pH 3.0 to 7.0, and then decreasing at higher values of pH. DP voltammograms, in solutions of
247 pH higher than 8.0, have a broad oxidation wave, so accurate determination of caffeine was

248 not possible. The results underline the advantage of this sensor that can be employed over a
249 broad pH range, between 3 and 8.

250 Consequently, further measurements were performed in NaPBS pH 7.0, since at this pH the
251 caffeine response was the highest.

252

253 *3.5. Effect of scan rate*

254 The influence of the scan rate in cyclic voltammetry on the oxidation peak current of caffeine
255 was evaluated by recording CVs at different scan rates from 10 to 200 mV s^{-1} in 0.1 M
256 NaPBS pH 7.0, containing 0.5 mM caffeine, see Fig. 3a. As seen in Fig. 3b, the anodic peak
257 currents were linearly proportional to the square root of the scan rate following the linear
258 regression equation $I_{\text{pa}} = 0.02 + 3.11 v^{1/2}$ (I_{pa} in μA , v in V s^{-1} , $R = 0.997$), so it can be deduced
259 that the electrochemical oxidation of caffeine at GCE is a diffusion-controlled process.

260 For scan rates higher than 50 mV s^{-1} , the anodic peak potential is slightly shifted towards
261 more positive values with increase in scan rate, following the equation $E_{\text{pa}} = -5.2 + 1.7 \cdot \ln(v)$
262 (E_{pa} in V and v in Vs^{-1}), signifying a quasi-reversible process.

263 Square wave voltammetry was also performed in 0.1 M NaPBS containing 0.5 mM caffeine,
264 by varying the frequency between 20 and 80 Hz, corresponding to scan rates between 51 to
265 204 mV s^{-1} (data not shown). The peak current increases linearly with square wave frequency,
266 again characteristic of irreversible reactions.

267

268 *3.6. Comparison of the sensor with the literature*

269 Table 1 shows a comparison of caffeine sensors with similar surface modifications as those
270 tested here. For example, a Nafion/MWCNT composite film-modified electrode had a much
271 higher detection limit of $0.23 \mu\text{M}$, a narrower linear range only up to $4.0 \times 10^{-4} \text{ M}$, and the

272 sensitivity was $125.2 \mu\text{A cm}^{-2} \text{ mM}^{-1}$, also lower than the values exhibited by the bare GCE
273 caffeine sensor in this work (Yang, et al., 2010).

274 Caffeine sensors using the Nafion modified GCE had a much higher detection limit of 790
275 nM, compared with 38.9 nM here, the sensitivity of the sensor not being specified (Brunetti,
276 Desimoni, & Casati, 2007; Zhang, et al., 2011). A GCE based on MWCNT covered with
277 Nafion had a higher sensitivity and lower detection limit than the above, no response being
278 recorded at bare GCE (Zhang, et al., 2011), and graphene oxide-Nafion had even higher
279 sensitivity but a low linear range upper limit (Zhao et al., 2011). A sensor based on 4-amino-
280 3-hydroxynaphthalene sulfonic acid (AHNSA) (Amare, & Admassie, 2012) exhibited the
281 highest sensitivity, but in very acidic media, 0.1 M HNO_3 , the linear range being narrower,
282 and the detection limit higher than that obtained in this work. A carbon paste electrode
283 reported by was used at pH 2.7 for detection of caffeine at +1.5 V, with a LOD of $0.35 \mu\text{M}$
284 (Mersal, 2012).

285 The main advantages of the sensor developed in this work are the significantly lower
286 detection limit, a very wide linear range and the fact that it exhibits good performance in
287 solutions of pH between 3 and 8, the best being at pH 7.0. Other sensors mostly work in very
288 acidic media: sulphuric acid (Brunetti, Desimoni, & Casati, 2007, Martínez-Huitle, et al.,
289 2010; Sun, et al., 2011, Yang, et al., 2010), nitric acid (Amare, & Admassie, 2012) or
290 perchloric acid (Alizadeh, et al, 2010; Švorc, et al., 2012). Few articles report the use of
291 buffer solutions, for example pH 6.0 or 7.4 respectively (Aklilu, Tessema, & Redi-Abshiro,
292 2008; Nunes, & Cavaleiro 2012).

293

294 3.7. Interferences

295 An evaluation of possible interferences to the caffeine sensor operation was performed. The
296 species tested were ascorbic acid, citric acid, fructose, glucose and sucrose, usually found in

297 beverages and drugs together with caffeine. Two different interfering compound:caffeine
298 concentration ratios, 1:1 and 1:2, were tested.

299 DPV curves were recorded in in 0.1 M NaPBS pH 7.0 containing 0.4 mM of caffeine, and
300 again after the injection of the interfering compound (in a ratio of 1:1 and 1:2 of interfering
301 compound:caffeine). For both ratios 1:1 and 1:2, ascorbate (AA) interfered with the caffeine
302 response, increasing the overall oxidation peak current with 50 and 100 % respectively, see
303 Table 2. However, using the Nafion/GCE, ascorbate is repelled by the Nafion film, and the
304 caffeine response in the presence of AA is very close to 100%.

305 The consumption of caffeine is often associated with the addition of common sugars, such as
306 sucrose, glucose and fructose. These sugars were tested as possible interferents. All sugars led
307 to a slight decrease in the sensor response, Table 2, probably because the formation of a
308 sugar-caffeine complex (Tavagnacco, et al., 2012).

309

310 *3.8. Measurements in commercial samples*

311 The amount of caffeine in six commercial beverages and drugs, described in *Section 2.4*, was
312 measured at GCE and at Nafion/GCE in order to demonstrate the applicability of the proposed
313 method. The Nafion/GCE electrode was mostly employed to reduce the interference from
314 ascorbate, present in high concentration in the Guronsan® sample. It also has the effect of
315 reducing the effects of blocking adsorption by other components of complex matrices.

316 The standard addition method was used in which an aliquot of the samples was injected into
317 the buffer electrolyte followed by known amounts of caffeine. The results are presented in
318 Table 3, and, as can be seen, they are in good agreement with the labelled values on the
319 analysed products. As observed by comparing the caffeine concentration values at the GCE
320 and Nafion/GCE, at Nafion/GCE the concentrations were lower than the labelled ones, the use
321 of bare GCE being more accurate, except for the Guronsan® sample with a large amount of

322 ascorbate. It is to be noted that Ilvico® contains paracetamol and ascorbate, Guronsan®
323 ascorbate (six times the amount of caffeine) and glucuronamide, and Dolviran®
324 acetylsalicylic acid and codeine. Thus, except from ascorbate, the other electroactive
325 compounds, nor the other components of the beverages, do not interfere with the response at
326 bare electrodes. The use of Nafion/GCE may only be needed for detection of caffeine in
327 samples containing large amounts of ascorbate, unless there are large amounts of other
328 adsorbable compounds present.

329 The results obtained demonstrated again the reliability of this simple, cheap, fast and easy
330 method for caffeine detection.

331

332 **4. Conclusions**

333 A simple caffeine sensor based on differential pulse voltammetry at a bare GCE or Nafion-
334 coated GCE when it is necessary to avoid interferences has been developed. Other surface
335 modifications with PEDOT and or MWCNT did not lead to an increase in sensor
336 performance. The best response of the sensor was achieved in 0.1 M NaPBS pH 7.0.
337 Interference studies showed that ascorbate interfered with caffeine detection, the use of
338 Nafion overcoming this problem. The sensor presents a very high sensitivity of $170 \pm 7 \mu\text{A}$
339 $\text{cm}^{-2} \text{mM}^{-1}$, a lower detection limit than other caffeine electrochemical sensors ($38.9 \pm 3.7 \text{ nM}$)
340 and the largest linear range, at least up to 7 mM. Drugs and beverages containing caffeine
341 were analysed without any special pre-treatment and the results are in excellent agreement
342 with the labelled values.

343

344

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352

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438 **Tables**439
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441**Table 1.** Comparison of analytical parameters for caffeine determination with caffeine sensors in the literature

Electrode type	Solution pH	Linear range upper limit / mM	Sensitivity / $\mu\text{A cm}^{-2} \text{mM}^{-1}$	LOD / μM	E / V vs Ag/AgCl	Ref.
¹ BQMCPE	-	8.0	28.8	5.10	+1.45	Aklilu, Tessema, &Redi-Abshiro, 2008.
Nafion/MWCNT	2.0	0.40	125.2	0.23	+1.33	Yang, et al., 2010
MWCNT-Nafion/GCE	4.1	2.4	491.1	0.51	+1.34	Zhang, et al., 2011
² GO-Nafion/GCE	~2.0	0.080	2327	0.20	+1.45	Zhao, et al., 2011
Poly(³ AHNSA)/GCE	5.0	0.040	6384	0.14	+1.34	Amare, &Admassie, 2012
Nafion/GCE	≈1.0	0.011	-	0.79	+1.45	Brunetti, Desimoni, &Casati, 2007
Carbon paste electrode	2.7	1.0	255.8	0.35	+1.50	Mersal, 2012.
This work	7.0	7.0	169.7	0.04	+1.32	this work

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444¹ BQMCPE-1,4-benzoquinone modified carbon paste electrode; ² GO – graphene oxide; ³AHNSA- 4-Amino-3-hydroxynaphthalene sulfonic acid;

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Table 2. Interference effects of some compounds on caffeine sensor response.

Interferent species	Sensor response in the presence of interfering compound / %			
	1:1		1:2	
	GCE	Nafion/GCE	GCE	Nafion/GCE
Fructose	98.2	98.4	96.9	97.6
Sucrose	93.8	94.0	103.8	101.3
Glucose	95.6	95.8	97.4	98.5
Citric Acid	104.2	100.0	101.9	100.0
Ascorbic Acid	150.3	104.0	200.8	107.1

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Table 3. Determination of caffeine concentration in commercial samples

Sample	Labeled / μM	Obtained at bare GCE / μM	Obtained at Nafion/GCE / μM
Ilvico	166.7	156.4	150.1
Guronsan	128.1	323.5	125.3
Dolviran	173.8	166.8	159.3
Redbull	137.5	128.6	101.3
Coca-cola	113.8	109.2	103.9
Nescafé	233.2	229.5	220.3

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453 **Figure Captions**

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455 **Figure 1:** Cyclic Voltammograms (CV) recorded at bare GCE in 0.1 M NaPBS pH 7.0
456 containing 0.0, 0.5 and 1.0 mM caffeine.

457 **Figure 2:** DPVs at GCE for different concentrations of caffeine a) in 0.1 M NaPBS, b) 0.1 M
458 sodium perchlorate, and c) in 0.05 M ChCl + 0.05 M oxalic acid; in inset are the
459 corresponding calibration plots.

460 **Figure 3:** CVs recorded at GCE in 0.1 M NaPBS containing 0.5 mM caffeine at different
461 scan rates from 10 to 200 mV s^{-1} rate and b) the linear dependence of peak current vs. the
462 square root of scan rate.

463 Figures

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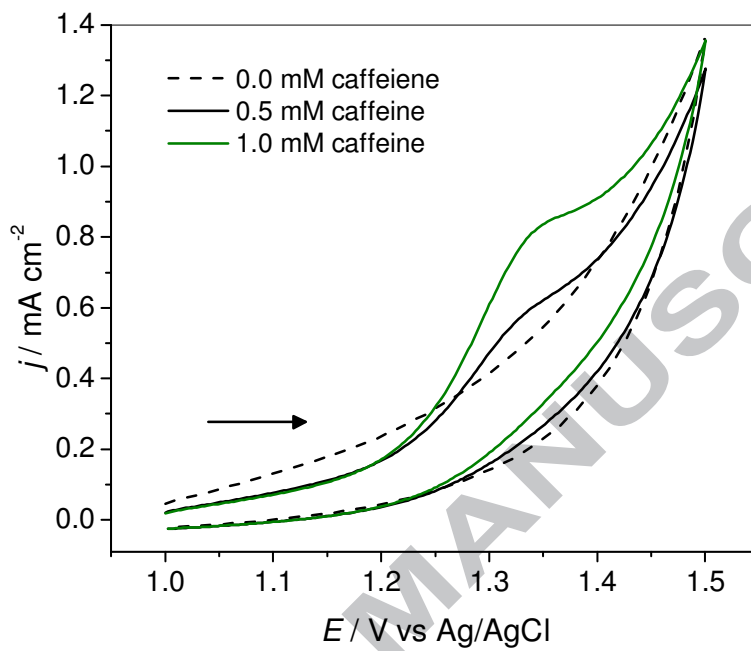
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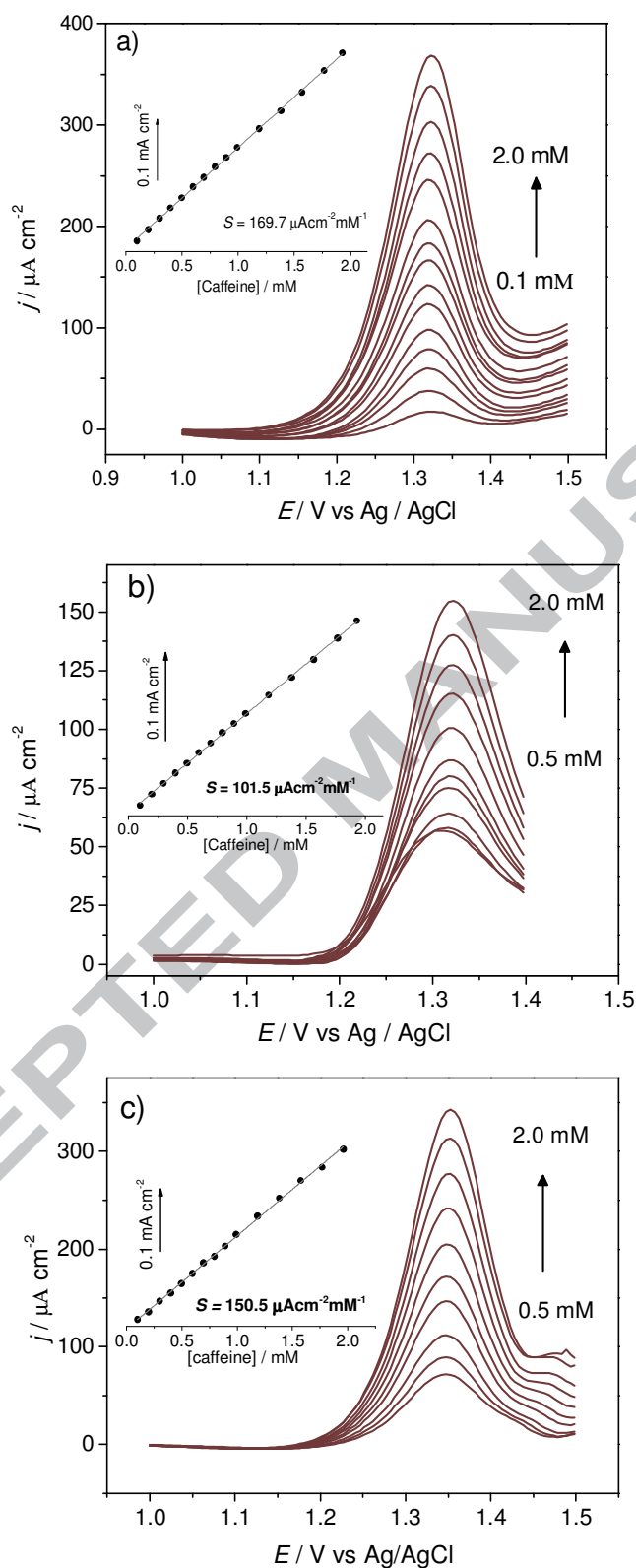
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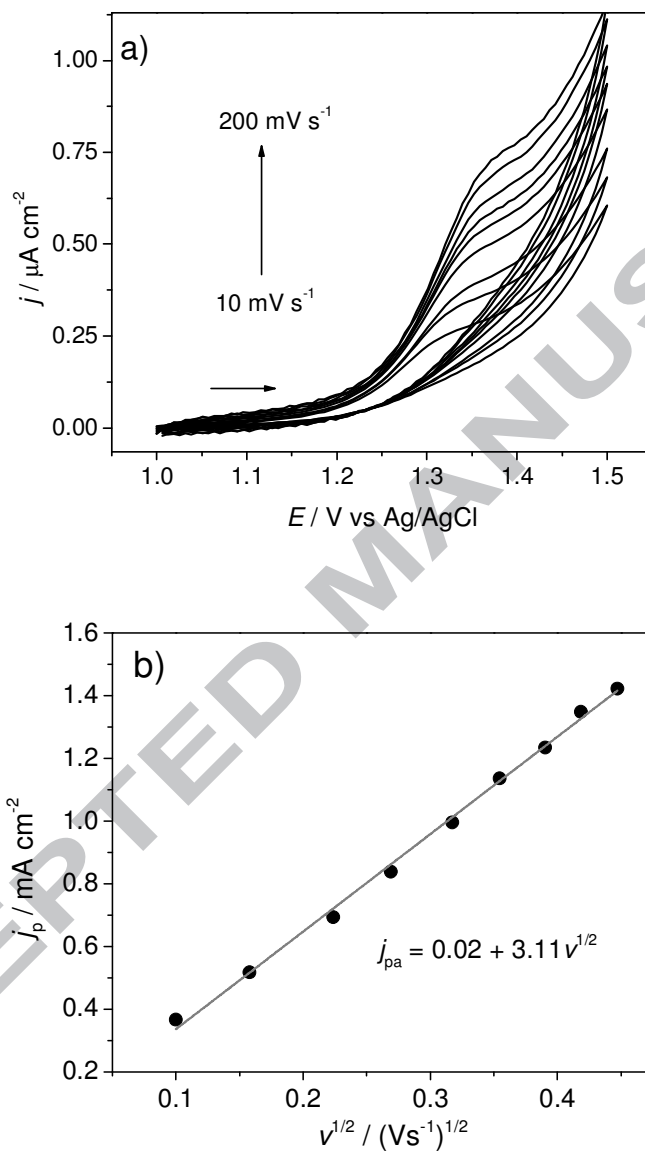


Figure 3: CVs recorded at GCE in 0.1 M NaPBS containing 0.5 mM caffeine at different scan rates from 10 to 200 mV s⁻¹ rate and b) the linear dependence of peak current vs. the square root of scan rate.

536 **HIGHLIGHTS**

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538 Simple electrochemical sensor for caffeine, superior to more complex sensor platforms

539 Electrode modification strategies and analysis medium optimised

540 Sensor based on bare or Nafion-modified glassy carbon gives best results

541 Successful interference-free application to beverages and drugs

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