

Cruz, José Fernando (1996). *Manual de Psicologia do Desporto*. Braga Lusografe.

Weinberg, R.S., & Gould, D. (1999). *Foundations of Sport and Exercise Psychology*.
Champaign: Humamn Kinetics

Weiss, M. R. (1991). Psychological Skills Development in Children and adolescents.
The Sport Psychologist, 5, 335-354

Martens, R.S. Vealey & D. mBurton (Eds). (1990). *Competitive anxiety in sport*.
Champaign, IL: Human Kinetics

Horn, T. (2002). *Advances in sport psychology*. Segunda edição

Ribeiro, S. (2004). *Perfil psicológico em atletas de Futsal*. FCDEF – Universidade de
Coimbra.